



January 26, 2009
Commission Meeting Minutes

Commission Members Present in Ukiah (MCOE East Room):

Mary Elliott Diane Pauli
Jeremy Mann Tammy Scott

Commission Members Present in Fort Bragg: Jim Levine Lucresha Rentería

Staff Present in Ukiah:

Anne Molgaard, Executive Director
Roseanne Castro, Executive Secretary
Maya Stuart, Raise & Shine Program Manager
Ashley Hileman, VISTA Nutrition and Fitness
Jordan Zellmer, VISTA School Readiness

Staff Present in Fort Bragg:

Natalie Swiencki, Community Outreach Coordinator

Public Present in Ukiah:

Jill Carey
Linda Nagel
Janet Kukulinsky

ITEM 1 Welcome and Introductions by Commission Chair, Jeremy Mann

ITEM 2 Public Comment on Non-Agendized Items

Linda Nagel, Mendocino County Health and Human Services Maternal, Child and Adolescent Health Director, announced planning for the 2009 Needs Assessment for on maternal, child and adolescent health. The planning events will be held on March 6, March 26 and April 30, 2009. Ms. Nagel requested that FIRST 5 Mendocino co-sponsor.

ITEM 3 Consent Calendar

- A.** Approve Agenda
- B.** Approve Draft Minutes of December 8, 2008 Commission meeting

Motion was made to approve the Consent Calendar. Motion/Elliott, Second/Pauli (Elliott, yes; Levine, yes; Mann, yes; Pauli, yes; Rentería, yes; Scott, yes). Passed.

Maximize Operational Effectiveness (ITEMS 4–6)

ITEM 4 Director's Report

1. Executive Director Anne Molgaard presented a summary of the current state budget and the status of Proposition 10 funding. She explained that currently the Big 5 (comprised of the Governor, Assembly and Senate minority and majority leaders) are reviewing this aspect of the state budget. Unfortunately, these leaders may not have an understanding of how local organizations work. She recommended the Commission continue making long-term plans for its most critical programs.
2. Director Molgaard stated she will be attending First 5 Association of Counties and First 5 California meetings in Sacramento.
3. The Pediatric Dental Initiative (PDI) has worked through its wait list of 400 kids. Although progress has been made, without a wait list PDI's income could drop at any moment. PDI is looking to alternative sources of income should the decline continue. One option is to rent out their OR space to local surgeons every Friday.
4. Introduction to new VISTA's Ashley Hileman and Jordan Zellmer. Ashley is the new Nutrition and Fitness Coordinator. She has a degree in Communications and Spanish. She is from Pennsylvania. Jordan is the new School Readiness Organizer with MCOE. She is originally from Seattle, Washington and she is interested in pursuing a career in Education.
5. Family Resource Center (FRC) funding. The Commission has a total of \$435,000 to allocate towards funding FRC's. Last year \$20,000 was allocated to each of the seven grantees which included: the Action Network in Gualala and Point Arena; the Anderson Valley FRC in Boonville; the Laytonville Healthy Start FRC; Nuestra Alianza in Willits; Nuestra Casa in Ukiah; the Youth & Community Center in Potter Valley; and Safe Passage in Fort Bragg. In addition, \$25,000 was allocated the FRC Network.

The Commission directed staff to allocate \$185,000 for March 1, 2009 to March 1, 2010. This allocation may include a distribution to the Round Valley FRC which is currently in the planning stage. Therefore, \$20,000 will be allocated to eight FRC's and \$25,000 will be allocated to the network.

The Commission decided to revisit this item at the May 29, 2009 meeting, once a better view of the state budget is reached.

6. Director Molgaard is Co-chair of the 2-1-1 Planning Committee and is working in conjunction with Carmel Angelo, Director of Mendocino County Department of Health and Human Services on 2-1-1, the county-wide general information line for health and human services.

7. Special Needs Project ends June 1, 2009. This pilot project for universal screening and assessment for children ages 0-5 in Willits and Round Valley is being reviewed to determine what aspects worked well and should be continued. Last year there were 475 screenings out of a total of 480 children. Screening helps children to get help with developmental delays earlier and raises parents understanding of child development.

ITEM 5 Fiscal Reports

After review and discussion, a motion was made to approve the Fiscal Reports for October and November 2008. Motion/Scott, Second/Pauli. (Elliott, yes; Levine, yes; Mann, yes; Pauli, yes; Rentería, yes; Scott, yes). Passed.

ITEM 6 Communications and Public Education

The Commission reviewed the 2007-2008 Annual Report to the public. Staff mailed out about 800 copies. Commissioner Pauli suggested presenting the Annual Report to services clubs, Saint Mary's School and the Family Resource Centers.

Healthy Children

ITEM 7 A. Healthy Kids Mendocino

California Health Interview Survey Data from UCLA indicates that in 2005 16.3% of children in Mendocino County were uninsured. That percentage has dropped to 7.7% of children being uninsured in Mendocino County. Commissioner Elliot suggested that since our goal is 100% coverage, data should reflect an increase in children who are insured in the county as this reflects an upward curve which is a positive indicator for outreach and publicity materials.

B. Healthy Families Deficit

The California Managed Risk Medical Insurance Board (MRMIB), also known as the Healthy Families Insurance Program, faces a deficit and was set to start a wait list by December 2009 for new enrollees. First 5 California (F5CA) and FIRST 5 county commissions will partner to meet the deficit so that children are not wait-listed. So far 20-30 counties have joined F5CA.

F5CA has requested \$44,516 from the Commission to insure qualifying children from Mendocino County are not wait listed. F5CA has committed to tracking the amount spent per child per county. Any unspent funds will be returned to the Commission.

After discussion, a motion was made to approve \$44,516 in funding for the Healthy Families Insurance Program for children ages 0-5 who are new enrollees. The Commission decided that funds will be allocated from the current trust fund at the County of Mendocino. Motion/Elliott, Second/Scott. (Elliott, yes; Levine, yes; Mann, yes; Pauli, yes; Rentería, yes; Scott, yes). Passed.

Children Ready to Learn

ITEM 8 Imagination Library Startup Update

Planning to implement the Imagination Library is moving forward and sponsorships for the events are currently being sought. Two public launch dates have been set for Tuesday, April 21, 2009 in Ukiah and Saturday, April 25, 2009 (Day in the Park) in Fort Bragg.

Knowledgeable, Nurturing Parents

ITEM 9 Raise & Shine Update

Maya Stuart, Raise & Shine Program Manager presented an update on the Raise & Shine program. The program offers parent training to improve the social and emotional health of young children in Mendocino County. Techniques used include the Parent Child Interactive Therapy or PCIT and the public health approach known as the Positive Parenting Program or Triple P.

Manager Stuart has engaged in outreach efforts with professionals in the community. The program has used marketing tools such as posters, rack cards and public service announcements to spread a consistent message to the community that parenting support is available.

Manager Stuart reported that the Warm Line now offers bilingual assistance to Spanish speaking parents. She explained that through the Warm Line, staff follow up with families for feedback to ensure their needs are being met. In addition, one and a half hour workshops are offered to parents, guardians and child care providers. These workshops provide parents with a brief, low level, intervention and are focused on one or two behavior topics.

It was reported that families with higher levels of need have been attending these workshops more frequently. These forums allow parents, foster parents, guardians, child care providers and teachers to interact with each other. Workshops are held at local schools and Family Resource Centers. For the 2007-2008 fiscal year, three hundred and twenty nine children were served using this level of intervention.

Two hundred and eighty two children have been served through Triple P Positive Parenting Community College classes. The upcoming February class in Ukiah is full and the March classes are the first offered in Covelo and Fort Bragg. Classes have been consistently filled to their maximum capacity of twenty five students.

From 2007-2008 sixty four children were served through Triple P Positive Parenting groups.

In addition, Family Therapy offers individualized assistance where providers choose the intervention most suitable for the family. From 2007-2008, eighty three children were served using this method.

ITEM 10 Commissioner Reports

Commissioner Pauli stated that hard economic times have not necessarily caused a decrease in charitable contributions from the public and that people are still giving money to worthy causes such as their faith community.

Commissioner Elliot stated that economic hardships and decreased funding have affected Mendocino County departments, particularly the Children and Family Services division.

Commissioner Rentería reported that there was a good turnout for the Mendocino County Crab and Wine event that was held over the weekend of January 24-25, 2009.

ITEM 11 2009 Meeting Schedule

Commissioners decided to go forward with the February 23rd Commission meeting which will be held at Plowshares in Ukiah. Four Commissioners are unable to attend this meeting due to scheduling conflicts.

ITEM 12 Upcoming Meetings and Announcements

The **FIRST 5 Mendocino Executive Committee** meets **Thursday, February 12, 2009** at 12:00 pm at MCOE in Commissioner Tichinin's office.

The next **FIRST 5 Mendocino Commission** meets on **Monday, February 23, 2009** at 1:00 pm. at Plowshares located at 1346 S. State Street in Ukiah, California.

The **First 5 California Annual State Conference** will be held **Wednesday –Thursday, April 15-16, 2009**, in San Francisco, California.

There being nothing further to come before the Commission, the meeting adjourned at 3:13 p.m.