



April 24, 2017

**Commission Meeting Minutes**  
Mendocino County Office of Education

**Commission Members Present**

Paul Tichinin                      Jim Flaherty                      Jeremy Mann                      Dan Hamburg  
Lucresha Rentería              John Passalacqua              Tammy Moss Chandler

**Commission Members Absent**

Ben Anderson                      Bryan Lowery

**Public Present who signed in**

Hilary James                      Tina Thompson                      Clover Martin

**ITEM 1      WELCOME & INTRODUCTIONS**

Commissioner Tichinin called the meeting to order at 1:14 p.m. and welcomed visitors. The commission, staff, and guests made introductions.

**ITEM 2      PUBLIC COMMENT ON NON-AGENDIZED**

Commissioner Tichinin asked for public comment.

**ITEM 3      CONSENT CALENDAR (ACTION)**

- Meeting Agenda
- Draft Minutes from the March 27, 2017 Commission Meeting

Motion made to approve the Consent Calendar  
Motion/Rentería, Second/Hamburg (all ayes, no nays) Motion Passed

**ITEM 4      RECOGNITION**

Executive Director Ibarra and the Commission recognized Menaka Olson, Communications Manager, and thanked her for all her hard work for FIRST 5 Mendocino in recognition of her ten years with the agency.

**MAXIMUM EFFECTIVENESS AND EVALUATION**

**ITEM 5      FISCAL REPORTS (ACTION)**

The Commission reviewed the January and February fiscal reports. As of February, Proposition 10 funding through December 2016 has been received, Title IVE and other grant funding is still payable. Commissioner Hamburg asked if The Sandbox is doing what they intended to be doing in serving Foster Care Children and families going back to work. Executive Director confirmed they are and in order to keep their doors open, they must be at capacity.

Motion to accept the fiscal reports for January and February 2017  
Motion/Hamburg, Second/Flaherty (all ayes, no nays) Motion passed

**ITEM 6      FOLLOW UP ON DRAFT BUDGET FOR FISCAL YEAR 2017-2018 (ACTION)**

At the March commission meeting, Commissioner Flaherty asked for the budget to include detail on Proposition 10 spending from prior fiscal years. Executive Director provided a spreadsheet that contained previous fiscal year budgets. In 2014-15, Prop 10 was at \$783,000 and has gone down to \$641,000 for 2017-18. For the coming fiscal year, \$108,300 will be used from reserves to fund us at \$750,000 for 2017-18.

Raise & Shine lowered in 2015-16 and 2016-17 and has currently increased to 7% for 2017-18. It has increased because staff has been working with Health and Human Services Agency (HHSA) and other agencies to

implement Triple P. They discovered that the facilitators they have trained need extra support which takes more of their staff time. IMPACT started last fiscal year and the .25% is reflecting what the Commission is contributing in terms of staff time. They work with Mendocino County Office of Education (MCOE); they do the administration part of it and F5M does the fiscal portion.

The ARC Family Resource Center serves as the Early Start FRC working with regional center. It was at .5% in 2014-15 and for this current year it is at .75% as well for next fiscal year. Triple P groups receive a grant to be done all over the county. There is a significant change for IL. More than five years ago, the Commission moved \$300,000 from the county account into Community Foundation. Over the years, fund from that account have been used to cover the book expenses for IL. These funds have been spent down. TV Turnoff was put into their general outreach. Policy & Education has been brought down from 11% to 2% since 2014-15. The FRCs is the largest investment at 27.75%. The FRC Network has decreased to 1%. The ARC FRC has decreased to 2%. The contribution for Differential Response is reflected in their admin. General Outreach has increased to 7.5%. Home Visiting has been decreased to 1% but they will be pulling \$25,000 from the Healthy Kids Mendocino Fund and bringing it up to 37.5%.

They have hired a staff member that will be shared with the coast. Administration costs have been decreasing; with the grants they receive, they are pulling admin allocation. In the Other category, child care has decreased to 0.25%. They are looking into sustaining special funding; it is at 1.7%. The Sandbox has an amount for this fiscal year which is the admin support that F5M provides them.

Commissioner Rentería asked if they have seen compliance with the FRCs. Executive Director Ibarra commented that she, Townley Saye and Jenna Munos completed FRC site visits and they noticed they are doing well but there have been some challenges implementing Triple P. They were able to make adjustments to work with the population. She will get a better idea on how they are doing once she receives the final FRCs reports in July.

Executive Director Ibarra provided an update version of the budget with the addition of the Differential Response as well as adding in the staff that will be hired to assist Menaka Olson.

## **REDUCED SUBSTANCE ABUSE AND IMPROVED PARENTING**

### **ITEM 7**

#### **FORD STREET PROJECT'S DETOX/RESIDENTIAL REHABILITATION PROGRAM UPDATE**

Clover Martin, AOD Director of Ford Street Project(FSP), presented to the Commission. The funds for Ford Street have been completely spent in between August 2016 to early February 2017. They served a total of 15 individual clients and 9 completed the program (60% success rate). Five of the clients were fathers. This was the first year they used FIRST 5 Mendocino funding for fathers. Out of the 38 children of the parents served, there were 16 children under 5 years of age. 4 clients continued to Outpatient Programs and 2 continued to long term residential programs.

She believes that they spent their funds quickly due to taking in fathers. They also changed the contract where the referrals did not have to go through SUDT; FSP is now able to take direct referrals. They are also allowing any client to return for another 30 days if they relapse. Some of the challenges they have faced are finding prompt therapy or mental health services to help stabilize the client after the primary withdrawal period and after their 30 days are up and safe housing.

Clover shared a story about a 34-year-old mom with a 4-year-old son that went back for another 30 days after relapsing. She got the help she needed and gave her the opportunity to understand what else she needed to work on. Clover feels as if clients going in for the second time really affects them and their wanting to get better and work on themselves.

Commissioner Hamburg asked what the primary withdrawal period was. Clover clarified that it would anywhere between one to two weeks. Commissioner Rentería asked about Drug Medical. Clover said they are on track to get an application in to get residential treatment. It is a slow processed to get approved.

Commissioner Tichinin called for a break at 2:54 p.m.

Commissioner Tichinin called the meeting back to order at 3:05 p.m.

### **ITEM 8**

#### **SUBSTANCE ABUSE DISORDERS TREATMENT PROGRAM (SUDT) UPDATE**

Hilary James, Treatment Supervisor from Mendocino Substance Use Disorder Treatment (SUDT) introduced herself and provided an update to the Commission.

Mendocino SUDT offers outpatient treatment services for individuals struggling with substance use. They have the Family Dependency Drug Court (FDDC), Adult Court Drug, Out Patient Services, WINDO and Behavioral Health Court. They also provide Intervention and treatment services for adolescents where they can see a counselor for individual counseling and/or participate in drug and alcohol education groups.

Since July 1, 2016, they have served a total of 344 clients; 186 being parents and 103 being parents of children under the age of 5. They have served a total of 65 clients who were Latino and 15 of those clients were Spanish speaking only. Even though majority of their Latino clients are bilingual, they do have an interpreter on site in case they are needed.

The Women in Need of Drug Free Opportunities (WINDO) program serves women 18 years or older who are pregnant or parenting. WINDO offers gender specific support (groups and individual counseling), free transportation, free childcare and referrals. Many of their women benefit from spending an initial 3-30 days at Ukiah Recovery Center under F5M detox funding before starting outpatient services. Executive Director Ibarra asked if they have had a situation where a mother had been precluded from the program due to expanding the funding to fathers. Hilary clarified that because they have expanded the funding for fathers; their funding was spent faster resulting in having to turn away any mothers who were looking to get residential treatment.

FDDC is collaboration between SUDT and Child Welfare Services (CWS). FDDC serves parents with moderate to severe substance use issues with open Family Dependency cases. Currently, FDDC has 18 active participants. Since 2013, they have served 48 families with children under the age of 5. They have had a total of 126 parents graduate since FDDC started. SUDT has many ideas they would like to do to enhance their FDDC program. One would be to provide clean and sober activities to parents and their children to create memories and give the parents a chance to experience what a lifestyle of recovery offers.

Commissioner Hamburg left the meeting at 3:17 p.m. Quorum still present.

There are a few different types of barriers that are affecting individuals from being able to attend treatment. Interpersonal, sociocultural, structural, level of care needed is unavailable, unstable housing and lack of transportation or child care. The barriers for the Latino Community are that many Latinos are not eligible to receive Medi-Cal causing the client to pay out of pocket, many make low wages or have seasonal jobs/cannot afford treatment or jobs will not allow time off, many are Spanish speaking only and providers do not have bilingual staff.

There are many new things at SUDT. They are moving towards a leadership prospective and how they work with staff is parallel to how they work with people. They are moving away from deficit based treatment and language. They are also recognizing that the people they work with are trauma survivors; cause them to implement ACEs and Resiliency tools. They are also moving to individualized and integrated treatment.

## **ITEM 9**

### **IMAGINATION LIBRARY**

Menaka Olson, Communications Manager, presented an update on Imagination Library to the Commission. IL started in April 2009 with 229 children. F5M invested \$300,000 in 2010. They have had multiple VISTAs assist with IL. 63% of Mendocino County children are now enrolled. They have mailed 229,888 books and have fundraised over \$100,000 over the last 8 years.

They currently have a total of 3,415 children enrolled. A total of 37,055 books were mailed between fiscal year 2016-2017. Since July 2016, they have fundraised \$29,331 and this year F5M is contributing \$93,750. They currently have a balance of \$2,360 in the Community Foundation of Mendocino County Imagination Library Fund. Annual costs for books in year 2016-17 were around \$80,000. Admin, Program Cost and wages is around \$27,000 putting over \$100,000. IL is the second largest line of Prop 10 spending.

#### ***Raffle update***

Raffle tickets are \$5 per ticket or 5 tickets for \$20. May 5<sup>th</sup> at Mendo Baby is the First Friday Art Walk in Ukiah and June 2<sup>nd</sup> at Mendocino Book Company and Menaka will be there selling more raffle tickets. She anticipates raffle tickets will be sold more at Dollywood Homecomin' in June because there will be many people attending who will potentially be interested in the quilt.

Executive Director Ibarra presented the different options for IL going forward.

#### ***Option 1***

They will continue as usual and fund the program entirely and continue with the fundraising. The change would be to hire a nonprofit manager to fundraise deeper and contract out day to day tasks. Admin costs would remain

around \$27,000. It would be more expensive but the justification is that person will be bringing in grant dollars and additional funding.

### ***Option 2***

The Commission could decide to allocate a certain amount of money to the program. The proposal is to grant \$30,000 and find someone to do the administration and the fundraising.

### ***Option 3***

They would phase it out completely. This would consist of them no longer accepting new enrollments but would continue their commitment to the children who are enrolled until they turn 5.

Staff's recommendation is that they go through with Option 1. They would hire the nonprofit coordinator and have them seek out grants, fundraise as much as possible and then they will see how they are and re-evaluate next fiscal year. If they have not secured the amount of money they need by next fiscal year 2018-19, then they will move on to Option 2.

## **ITEM 10 CONTINUE STRATEGIC FOCUS AND BEST PRACTICES FOR THESE AREAS**

Executive Director Ibarra provided a spreadsheet to the Commission. The spreadsheet provided a breakdown of the Prop 10 funding being spent over the last few years and for the new fiscal year. The emphasis on this is to find out what programs they are funding and if they are evidence based and to see if there are other programs or options they would like to fund.

Triple P and Triple P groups are evidence based. They are funding professional development through IMPACT such as provided incentives to early childhood educators and providers. Early Start supplements the work their FRCs is doing. IL is evidence based but for literacy and getting ready for school, other First 5's are investing in "Abriendo Puertas". The program began in 2007 and it is focused more towards Latino families, getting the children ready for school and getting the parents accustomed to working with their children on literacy issues. Abriendo Puertas goes further than IL.

For TV Turnoff they do Screen Free Week. It is done in May and it is done to increase parental awareness of their child's screen time and to suggest alternatives for activities to do together. Community Resiliency Model (CRM) is in progress of becoming evidence based. The methodology that Ford Street Residential Recovery uses is evidence based. They no longer do the Parenting Apart Workshop and Supervised Visitation. Administration support and translations are done by the staff at the ARC FRC for the Immigration Attorney and her clients. General Outreach through social media, the F5M website and press releases helps increase awareness about F5M's mission, strategic focus and their investments. They have money allocated for Home Visiting and are in the planning stages; it is evidence based. The remainder of the Prop 10 funds is their admin.

This spreadsheet is for the Commission to have in mind the different programs they fund in terms of best practices. Executive Director Ibarra commented that she is still researching for their Reducing substance abuse. They are currently funding for detox but as it was previously mentioned, there is need for families having the opportunity to make healthy memories with their family.

## **MAXIMUM EFFECTIVENESS AND EVALUATION**

### **ITEM 11 DIRECTOR'S REPORT**

#### ***Improve Parenting***

3 year Differential Response Grant funded with a total of \$282,280. The startup will be on May 3, 2017 at \$42,104. Year 1 (July 1, 2017) at \$120,088 and Year 2 (July 1, 2018) at \$120,088 but it may change depending on how year 1 goes.

#### ***Policy/Shared***

PCCY/Child Abuse Prevention Center presentation to the BOS was on Tuesday, April 18, 2017. F5M talked about ACEs and resiliency. It was an introduction of renewed request for 20% of local cannabis tax to allocate for programs for children and youth. Menaka has been working with First 5 Butte on Trauma and ACEs messaging. The Berkeley Media Studies Group is going to be leading a free training for First 5's across the state. They are meeting on Tuesday, May 16, 2017 in Oroville and there 2-3 seats open per county.

#### ***State Update***

There was a promise made with child care with the last state budget. It has not been included in the Governor's proposed budget. The Assembly Budget Committee rejected the Governor's "pause" on child care (Update:

since the April meeting, the Governor has restored the child care funding). The Board of Equalization is briefing on Prop 56 Implementation such as determining how they are going to tax e-cigarettes.

### ***State Legislative Update***

AB 43 – taxation on prison contractors dedicated to prevention of incarceration. It is still in the early stages but she is closely monitoring it as well as AB 1164 – funding for Foster Care Placement into Childcare.

### ***Nonprofit Update***

The Sandbox currently has 36 children on the waitlist (including 3 foster and 6 infants). They have a new fiscal coordinator, Beatriz Sanchez. The playground improvement is underway. There are new developments: signing up for Food Program (June 15<sup>th</sup>) and are exploring contracting for infant child care with UUSD's Young Parent Program.

### ***Announcements***

Wednesday, April 26 and Thursday, April 27 – First 5 Association meeting in Sacramento

Saturday, May 6 – Redwood Community Services Kentucky Derby Fundraiser at Ridgewood Ranch

Friday, May 19 – Planning Meeting at ARRC in Ukiah

## **ITEM 12 COMMISSIONER REPORTS, ANNOUNCEMENTS & ADDITIONAL MATERIALS**

Commissioner Flaherty attended an International Meeting on children's health. It was in regards to ACEs and he found out that the Indian Health Services has a home visit based ACEs intervention. He will bring more information on it at the next meeting.

Commissioner Passalacqua will be resigning and will be moving out of the county. He will be looking for a replacement as well. Commissioner Tichinin thanked him for his service.

Commissioner Rentería commented that Wednesday, April 26, is Annual Denim Day. May is Mental Health Awareness Month. She mentioned that there are still no answers about what is going to happen with the Affordable Care Act (ACA). There is a state meeting through the California Primary Care Association on Wednesday, May 3, 2017. Annie Liner at The Coast Children's Fund will be retiring.

Commissioner Tichinin adjourned the meeting at 4:53 p.m.