

# **Commission Meeting Minutes**

Mendocino County Office of Education

**Commission Members Present** 

Lucresha Rentería Jim Flaherty Paul Tichinin

Ben Anderson Dan Hamburg

**Commission Members Absent** 

John Passalacqua Jeremy Mann Tammy Moss Chandler Bryan Lowery

Public Present who signed in

Roseanne Ibarra, Menaka Olson, Staff Lydia Lopez, Staff Jenna Munos, Staff

**Executive Director** 

#### ITEM 1 **WELCOME & INTRODUCTIONS**

Commissioner Tichinin called the meeting to order at 1:07 p.m. and welcomed visitors. The commission, staff, and guests made introductions.

#### PUBLIC COMMENT ON NON-AGENDIZED ITEM 2

Commissioner Tichinin asked for public comment.

Executive Director Ibarra stated there is a "Thank you" card circulating for Renee Gannon who made the quilt for the Imagination Library raffle fundraiser. We have permission to raffle off the quilt at "Dollywod's Homecomin". There will be many people from the Imagination Library Program. The idea is these are the people who would want a quilt. . Commissioner Tichinin and Executive Director Ibarra will be in attendance at the "Homecomin" event on June 21 – June 23.

#### CONSENT CALENDAR (Action) ITEM 3

- Meeting Agenda
- Draft Minutes from the January 30, 2016 Commission Meeting

Motion made to approve the Consent Calendar Motion/Hamburg, Second/Renteria (all ayes, no nays) Motion Passed

#### **MAXIMUM EFFECTIVENESS AND EVALUATION**

#### MID-YEAR EVALUATION REPORT ITEM 4

Jenna Munos, Administrative Fiscal Manager at FIRST 5 Mendocino, presented a PowerPoint for the mid-year evaluation of services provided by FIRST 5 Mendocino (F5M) and its grantees.

Between July 2016 - December 2016, 4,355 children aged 0-5 were served; that is 86% of total children that were served in 2015-16. The increase is due to Imagination Library being over 200 enrollments than they were at the previous year and the Family Resource Centers (FRCs) for serving more of the population than they were at the end of the last year. The FRC's served a total of 1,189 parents; bringing them to only 38% of total served in 2015-16. This is due to staff focusing on trainings for indirect services that will benefit them in the future, less time for direct services.

#### Budget Review

The Commission approved the allocations and budget disbursement plan at the Planning Meeting in 2016. Policy/Shared is close to being 50% of the budget. Included in that 50% is the Title IV-E grant of \$500,000 as well as the FRC budget. The admin budget is low which is good; they need to be at 8% or under. Support programs are at 18% which includes The Sandbox budget and emergency funding requests. Improved Parenting is at 22% and Decrease Substance Abuse is at 5%.

#### Strategies: FIRST 5 Mendocino v. Association

First 5 Association has five key areas they focus on and F5M has programs that fit into those areas. We are low in Oral Health. We have supported Pediatric Dental Initiative (PDI) (but less through grants and more through support).

## Population served by region

The number represent children and parents that were seen by the FRC's, parents who have received Kits for New Parents, Triple P Trainings and anything that we can track to a specific region. 2,238 children (0-5) and 466 parents were served in Greater Ukiah Valley, 718 children/148 parents in Willits, 600 children/331 parents in the North Coast, 196 children/105 parents in the South Coast, 181 children/parents in Round Valley, 116 children/197 parents in North County, 115 children in Anderson Valley, 20 children/1 parent in Potter Valley. Commissioner Flaherty commented that it would be helpful to know the denominator in population in the regions. Commissioner Anderson agreed because he is not sure if the people we served is high or low.

#### Improved Parenting

Included in improved parenting are: Raise & Shine, Triple P Groups, IMPACT, Early Start and Title IV-E. They have served 87 parents with their Triple P Groups; all parenting dysfunctions are below clinical cut-offs which is laxness, over reactivity and hostility. They have held seven trainings throughout the county with their Title IV-E dollars; served 15 agencies and 111 providers. They have collected 662 ASQ's around the county. The Community Indicators were pulled directly from the UC Berkeley website on the "California Child Welfare Indicators Project". They are over the State average for allegations of abuse by 7% and are over the substantiations by 10%. Foster care entries were over the State average by 2% and are below for exits by 10%.

Imagination Library (IL) is at 62% of the eligible population who have received IL books. They projected to be at 82% of the county by the end of the year. They discovered there is an increase in frequency of reading to 5+ times per week. The Community Indicators was difficult to pull due to the state change in testing. The data is represented differently between the test and it is at 3<sup>rd</sup> grade reading level. 30% of 3<sup>rd</sup> grade students met or exceed the English Language Arts/Literacy standards which are 13% under the State achievement levels in 2016 but it is a 6% increase over the county's 2015 results.

Both the toll free phone number and website are maintained by FIRST 5 Mendocino in an effort to provide breastfeeding support to new mothers. They are currently working on getting information on how many calls they have received. In 2015, the exclusive breastfeeding rate for mothers leaving the hospital was 73.5% but non-exclusive was 95.9%. Mendocino County is ranked 28th in the state for exclusive breastfeeding in 2016.

Pediatric Dental Initiative (PDI) served a total of 102 children from Mendocino County aged 0-5. 62% of the children were Hispanic and 34% were Caucasian. F5M staff and Commission attended the "Making Kids Smile" fundraising event in October.

267 Kits for New Parents were distributed throughout the county through providers and different agencies and organizations. 233 of the kits were in English and 34 in Spanish.

#### Decreased Substance Abuse

Ford Street Project has served 11 parents of children aged 0-5; 63% successfully completed the program. 68% of the funds were used to father's now being accepted by Ford Street Project and an increase in daily rate. Family Drug Dependency Court Peer Mentor Program has been ended by the court because Judge Mayfield felt it was a duplication of services. They now have about \$20,000 in their Decreasing Substance Abuse budget that they could move over to the Ford Street Budget if they find it necessary. Two parents were serviced through AOD services at Laytonville Healthy Start. SUDT has a similar grand to Ford Street Project but for monolingual Spanish speaking parents. Recovery Support Triple P has not been offered yet in the county. They currently do not have a facilitator available for this type of group and because it is a sensitive subject, they need the right person. Townley Say, Raise & Shine Program Manager, is working on finding a suitable facilitator.

#### Family Resource Centers

They have served 246 (67%) children through December 2016 whereas last year as a whole, they served 366. The Arbor has become eligible to bill Drug Medi-Cal and has begun the process to begin offering services. 43% total grant funds have been spent by the FRC's. They have two new FRC Managers getting Triple P trained to help build capacity; Joel Merrifield from Round Valley and Sarah Guzman from Potter Valley. 7 of the 8 regions have an FRC, Anderson Valley being the one that does not have an FRC the residents have been getting services from the ARC FRC. The FRC's have had a lot of success at building capacity for their in-house programs.

## Other Funding

The Sandbox was given \$40,000 for startup costs this year. They have served 62 children and the average months that children attend are 3.5 months. Phase 1 and Phase 2 of the CRM training was a total \$26,075; 119 attended Phase 1 and 12 of those went onto the four day Train the Trainer training. A total of 23 attended the four day training.

In the final evaluation for October 2017, Jenna will present data for the Inland Winter Shelter.

# ITEM 5 AMENDED RESOLUTION 16-01 – SUPPORT FOR THE INTEREST OF YOUNG CHILDREN IN CANNABIS RELATED POLICY (Action)

Commissioner Tichinin suggested the Commission read over the amended policy to effectively make an approval.

Executive Director Ibarra suggested changing the date to February 27, 2017. She added that the language was amended given the passage of Prop 64.

Commissioner Hamburg suggested changing "interest" to "interests" in the "Now therefor be it resolved" paragraph.

Motion to approve the amended Resolution 16-01 Motion/Flaherty, Second/Hamburg (all ayes, no nays) Motion passed

# ITEM 6 DRAFT 2017 POLICY AGENDA (Action)

Commissioner Tichinin presented the 2017 Policy Agenda and stated the next few years they will be more engaged in policy issues, lobbing with the state, i.e. when he and Executive Director Ibarra went to Sacramento to get the legislature to remember the promise made in last year's budget to fund preschool, etc. Thus far, the Governor has not included it in the budget. That is why it is important to have a policy agenda. It would provide guidance to the Executive Committee to help bring to the Commission. Executive Director Ibarra stated the changes added was the First 5 Association's Policy Agenda as attachment C (pg. 6.8). Because the Commission just made an amendment to the Cannabis resolution, this agenda will be changed to reflect that.

Executive Director Ibarra commented about the language being awkward on page 6.2 under LOCAL II. She would like to make sure it was captured correctly.

Commissioner Renteria commented the change was "Policy members understanding of the effect." Commissioner Anderson commented on changing it to "Effect of traumatic Adverse Childhood Experiences." Commissioner Flaherty suggested the change to be "Effects on the adverse childhood experiences and other traumatic events." Executive Director Ibarra read back the changes to the Commission for an agreed statement. "Support local policy makers to understand the effects of Adverse Childhood Experiences (ACEs) and other traumatic childhood events on the developing brain and the negative impacts over one's lifetime."

Motion to adopt the amended draft 2017 Policy Agenda Motion/Renteria, Second/Anderson (all ayes, no nays) Motion passed

#### ITEM 7 FIRST 5 ASSOCIATION ADVOCACY DAY DEBRIEF

Commissioner Tichinin commended Executive Director Ibarra for her work. He felt as if they had a really dynamic and great meeting with Senator McGuire to the point that the State Association's Executive Director commented on hearing that F5M was invited to meet with him and requested to be involved in the meeting. Included was the double sided page and preparation Executive Director Ibarra and staff did with complete

packet and talking points, with separate speeches for each person. It included everything that represented the Board. Their partners such as Sonoma, Lake Humboldt, Del Norte were also there. He's hopeful that when the May revise comes out, some of the concerns presented have found their way to the top. With their Policy Agenda, it gives them a good standing point to make follow up phone calls or for the Executive Committee (EC) to give direction to the Executive Director.

Executive Director Ibarra thanked Menaka Olson, Communications Manager at F5M, on her work putting the packet together. The Association put together an overall summary for the state, which was provided to the Commissioners. They had three tasks: discuss the state budget, investment areas and declining revenue and what that means. When they met with Senator McGuire in talking about declining revenue, he understands First 5 and is interested in seeing how marijuana tax dollars might be applied to First 5's. They were cautioned by the Association to slow down because they want to have a unified message. Senator McGuire is doing additional research on his side but would like to have a follow up meeting. Menaka will be providing additional information to their 1-pager to present to the Commission for their use in local and statewide advocacy.

# ITEM 8 DIRECTOR'S REPORT

#### Improve Parenting

Executive Director Ibarra, Jenna Munos and Townley Saye completed all of the eight FRC visits. She wanted to see the diversity of all the FRC's; some had a lot of staff and most own their buildings and some have limited staffing. Both Round Valley and Potter Valley have only one staffer. The feedback they received from the FRC's was that they needed money for staffing.

Both Executive Director Ibarra and Commissioner Tichinin will be attending Dollywood's Homecomin in June. She would like for another Commissioner to attend as well. It is a bi-annual even where all Imagination Library Programs get together and connect with each other and share information. F5M will be attending that as well as taking the quilt to get raffled.

First 5 California has a new re-launch of Talk Read Sing. The difference is it is in more languages such as Chinese, Korean, Tagalog, Vietnamese, Hmong and Russian. They also added three animated characters: an owl that reads, a talking parrot and a songbird.

#### Policy/Shared

They have hired a bilingual coastal coordinator, Yadira Sanchez, but do not have a start date yet. They are hoping for her to start early March. This will be a shared staffer that F5M has with Mendocino Coast Children's fund. They also have a new AmeriCorps at the ARC FRC.

The Community Resiliency Model (CRM) "Train the Trainer" was held on February 14 – 17 and had a total of 23 attendees. The participants signed a Memorandum of Understanding to train other agencies. She is working with Antonio Lopez from Mendocino County Office of Education, Robin Meloche from Health and Human Services Agency, Margo Frank, Jo-Ann Rosen and Menaka in planning deployment into the community.

Planning is underway for the State of the Child. This will be a joint forum of FIRST 5 Mendocino, Policy Council in Children and Youth, and other partners. The purpose will be to educate or community on how children, ages 0-5 and beyond, on Mendocino County are doing and what they can do to make a difference.

The screening for "Portraits of Professional Caregivers: Their Pain, Their Passion" will be on March 27 in Fort Bragg and March 28 in Ukiah. It is a documentary by Vic Compher about the dramatic emotional costs experienced by professional providers such as nurses, social workers, clinical psychologists, doctors, firefighters, first responders, etc. Commissioner Rentería suggested getting a panelist from Behavioral Health and Commissioner Tichinin suggested the Fire Chief from Fort Bragg, the Police Chief and someone from the hospital.

Brown Act & Ethics Training – Every two years. Can attend in person or online through their liability insurance company SDRMA

Monday, March 13th at 9:00 am, First 5 Marin Community Forum: Caring for Kids in Turbulent Times. Doctora Marisol Muñoz-Kiehne will discuss how they can engage, talk and reassure young children who are experiencing fear, stress and anxiety.

Monday, March 27<sup>th</sup> – Commission Meeting & Caregivers screening in Fort Bragg Tuesday, March 28<sup>th</sup> – Caregivers screening in Ukiah

# <u>ITEM 9</u> <u>COMMISSIONER REPORTS, ANNOUNCEMENTS & ADDITIONAL MATERIALS</u>

Coastal Winter Shelter (Hospitality Center) just received a donation that will keep the doors open the rest of the year. They provide services to families but are not sure if they specifically target families with children 0-5; they have not come to FIRST 5 Mendocino to request funding. Inland is over-expensed due to the extreme weather experience this year.

Commissioner Rentería let the Commission know she delivered Anne Molgaard's final evaluation to her. She will bring a hard copy to be placed in her retired personnel file and as far as the EC goes how to do a review with Executive Director Ibarra. At the end of March and beginning of April, at least three of the local community health centers along with a board member are going to the National Association Community Health Center Policy and Issues forum in Washington DC. They are currently getting economic impact information from Partnership health plan for Mendocino County. About 30% of Medi-Cal eligible people were through the expansion and that is one of the first things targeted. Commissioner Rentería will not be able to attend the next Commission Meeting or the Fort Bragg screening of Caregivers because she will be flying to DC.

Commissioner Flaherty asked for an update on the CRM, which Menaka provided.

Commissioner Hamburg had dinner with Anne Molgaard last weekend and said she is enjoying her new job. She and Commissioner Moss Chandler are a wonderful combination. The change at HHSA allowed Janine Miller to move up. He would like to credit Carmel Angelo for creating the position that Anne Molgaard is in. He was talking to Anne about the biggest problem that she faces in her role which is all the vacancies in staff. The Board of Supervisors is currently in the beginning stages of negotiations with employees. HHSA is funded mostly through state and federal funds, not county. HHSA is the largest but not the only department in negotiations.

Commissioner Anderson is trying to find behavioral health services in Gualala. Commissioner Rentería suggested Redwood Coast Medical Services (RCMS). Commissioner Hamburg referred Jeff Nerny who works out of RCMS in Point Arena. He suggested to talking to Janine Miller as well. Commissioner Rentería inquired if the children were younger than 12 years old it is possible that Jeff may not take them in.

Commissioner Tichinin loves meetings that are full agendas but timely.

Commissioner Tichinin adjourned the meeting at 3:09 p.m.