



March 27, 2017
Commission Meeting Minutes
Mendocino County Office of Education

Commission Members Present

Paul Tichinin Jim Flaherty Jeremy Mann Dan Hamburg
Ben Anderson John Passalacqua Tammy Moss Chandler

Commission Members Absent

Lucresha Rentería Bryan Lowery

Public Present who signed in

Peter Barnett, Ukiah United Methodist Church

ITEM 1 WELCOME & INTRODUCTIONS

Commissioner Tichinin called the meeting to order at 1:08 p.m. and welcomed visitors. The commission, staff, and guests made introductions.

ITEM 2 PUBLIC COMMENT ON NON-AGENDIZED

Commissioner Tichinin asked for public comment.

Commissioner Tichinin let the Commissioners know the Form 700 is due on April 3, 2017.

ITEM 3 CONSENT CALENDAR *(Action)*

- Meeting Agenda
- Draft Minutes from the February 27, 2017 Commission Meeting

Motion made to approve the Consent Calendar

Motion/Passalacqua, Second/Anderson (all ayes, no nays) Motion Passed

ITEM 4 INTRODUCTION OF NEW AMERICORPS MEMBER

Executive Director Ibarra introduced Andres Alvarado, the new AmeriCorps at the ARC Family Resource Center (FRC) as of February.

Andres was born and raised in Ukiah, CA and graduated Ukiah High School in 2012. He heard about the AmeriCorps position through Lydia Lopez, ARC FRC Program Manager. He is currently attending school to become a probation officer so the trainings he has been attending have been a great advantage for him. He would like to continue working at the ARC FRC after his term ends.

Commissioner Hamburg thanked FIRST 5 Mendocino (F5M) staff for hosting the Community Dinner event. He knows there has been a lot of issues and concerns regarding immigration.

Commissioner Moss Chandler joined the meeting at 1:19 p.m.

MAXIMUM EFFECTIVENESS AND EVALUATION

ITEM 5 FIRST 5 CALIFORNIA ANNUAL REPORT TO THE PUBLIC *(Action)*

Commissioner Tichinin opened a public hearing to present the First 5 California Annual Report to the public. No comments were received and the hearing was closed.

Motion to accept the First 5 California Annual Report

Motion/Mann, Second/Flaherty (all ayes, no nays) Motion passed

REDUCED SUBSTANCE ABUSE AND IMPROVED PARENTING

ITEM 6 COMMUNITY FOUNDATION PLAYGROUND IMPROVEMENT GRANT (Action)

The Community Foundation Playground Improvement grant was a joint application submitted by F5M and Ukiah United Methodist Church (UUMC). Both applicants agreed to contribute \$15,000. The grant was funded at \$7,500 from Community Foundation. F5M anticipated that grants would be pursued to make up the \$15,000. Grant funds were not secured. The \$15,000 contribution from FIRST 5 Mendocino was not in the current budget. The Executive Committee's recommendation is to honor the commitment and grant the \$15,000. Executive Director Ibarra said there is money in the budget this year to cover this expense.

Motion to approve the Community Foundation Playground Improvement Grant
Motion/Hamburg, Second/Anderson (all ayes, no nays) Motion passed

Peter Barnett, from the UUMC, thanked the Commission for accepting and approving the grant. The playground will be made of all natural materials. They are hoping to start working on it in May and to hopefully be done by the end of summer.

MAXIMUM EFFECTIVENESS AND EVALUATION

ITEM 7 STRATEGIC FOCUS AND BEST PRACTICES FOR THESE AREAS

For the current fiscal year, Triple P (Positive Parenting Program) is at \$84,000 and Imagination Library (IL) is at \$93,000. Last fiscal year, the Commission approved a grant for \$5,000 for The Community Resiliency Model (CRM) however; F5M received the CMSP grant which will be going towards CRM this fiscal year. Home Visiting is not expected to be launched this fiscal year. Executive Director Ibarra is reaching out to Mendocino Community Health Centers and discussing whether or not they would want to do home visiting.

Abriendo Puertas (Opening Doors) is a family engagement program that started in 2007 and that is geared toward Latino families. It goes beyond what F5M is doing with IL. It prepares the child for going to school as well as helping the parent get more comfortable engaging with the K-12 system. Executive Director Ibarra presented this as one option for an evidenced based program that they commission may want to consider funding in Mendocino County. This is for the Commission to think about for their planning for budgeting purposes for the Planning Meeting in May. Commissioner Mann commented he would like to see the data for it and feels as if it would help with the decision making. Commissioner Passalacqua would like to see materials and more information for it.

Executive Director Ibarra let the Commission know they are funding Ford Street Project but nothing else under our Reduced Substance Abuse focus area.

ITEM 8 DRAFT BUDGET FOR FISCAL YEAR 2017-2018 (Action)

F5M's largest investment is Family Resource Centers (FRCs) at 27.75% (\$208,000) of the Proposition 10 budget. IL is the second largest investment at 14% (105,000). Family Dependency Drug Court (FDCC) and Recovery Support are at 11.25% (84,375). FIRST 5 Mendocino's overall draft budget for Fiscal Year 2017-18 is \$1.7 million and is balanced at this point as long as there are no significant changes.

The draft budget includes a request to Redwood Community Services (RCS) for Mental Health Services Act (MHSA) dollars. Raise & Shine Program proposes to use these funds to do Triple P groups using contracted facilitators. Currently, staff does the groups. Staff's time would be better used for Triple P facilitator peer support and technical assistance countywide. Commissioner Hamburg asked why they would be able to get funding through MHSA and if F5M will be attending at the meetings to let them know they are interested in the funds. Executive Director Ibarra stated that Triple P is a methodology for managing child behavior and for improving the parent-child relationship which in turn decreases parental stress decreasing the likelihood for anxiety and depression. Both her and Townley attended an MHSA meeting in Hopland and are in contact with Robin Meloche, MHSA Administrator. There are other First 5's using MHSA funds for Triple P but F5M has not accessed those funds.

Commissioner Flaherty asked how this budget compares to the last few years. Executive Director Ibarra said it differs in the staff salary increase that was approved by the Commission at the last planning meeting to account for the increase in the minimum wage. The draft budget also includes the MHSA and Differential Response grants that FIRST 5 Mendocino is applying for. There is no change in the grant awards the Commission gives.

The Commission requests a comparison of the budget change over the last three years. Commissioner Mann questioned why the FRC Network and the ARC FRC are separate. F5M subsidizes the ARC FRC. The FRC Network has a separate allocation from the eight FRC's.. Commissioner Passalacqua asked about where differential response is reflected on the budget. It is on the ARC FRC line item.

REDUCED SUBSTANCE ABUSE AND IMPROVED PARENTING

ITEM 9 UPDATE ON THE ARC FAMILY RESOURCE CENTER

Lydia Lopez, ARC Family Resource Center Program Manager, presented an update to the Commission. She works on building and maintaining partner relationships. She works with the FRC Network, some Case Management and grants/fundraising. She is trained in many areas such as Triple P, Breastfeeding Peer Counselor, Community Resiliency Model training and assists the immigration attorney Robyn Mancini with translation services.

Stephanie Zazueta is the reception/administrative assistant. She is the lead for Early Start and Early Start Plus. She assists Maria with the programs they offer as well as substitutes at The Sandbox Child Care Center. She is trained in Triple P, Signs of Safety and is a certified car seat technician.

Maria Avalos is the lead for ongoing programs and seasonal programs such as "Time for Me", "Mama y Yo", Zumba and many others. She also organizes special events such as the Egg Hunt. She is trained in Motivational Interviewing and Triple P.

Andres Alvarado is the new AmeriCorps staff member at the ARC FRC. He is the lead in organizing the Community Dinners. He assists with all programs and with child supervision for Triple P groups. He helps Menaka Olson, Communications Manager, with IL sign ups as well. Even though he has only been with the ARC FRC for about a month, he too is trained in Motivational Interviewing, Signs of Safety and Mental Health first aid.

Julie Grover is an AmeriCorps at the ARC FRC and NCO Head Start/Gardens. She also assists with all the programs, child supervision, IL and is assisting with entering data for the ARC FRC. She is also trained in Triple P, Signs of Safety and Motivational Interviewing (update: Julie terminated her service on April 7, 2017)

Programs

Mama y Yo has become very successful and many fathers have started to attend. Play-Date has been requested by many people to be done later in the afternoon. They have found that the parents feel more comfortable when Maria or Stephanie bring in their children as well. It allows the parents to be more open to learning methods that will better assist their children.

Seasonal Programs

Time for Me is a program that gives parents an opportunity to take care of themselves by interacting with other parents and doing a craft with the group. They do provide child supervision for those parents who need it. Tiny Tumblers was beyond successful; they ended up creating another time opening after the original class which still ended with them having a waitlist.

#KeepCalm is a program that will allow them to work with children and teach them safety and coping skills. The first group will be with ten year olds and the second group will be with seven year olds. They will be meeting with the Boys & Girls club before the group starts to get information on how to deal with older children since they normally deal with children under the age of five.

Community Dinner

The Community Dinner was created to bring together the Latino Community and learn about what they want to know and what they need when it comes to immigration. Mendo Courage contacted the ARC FRC asking if they would like to partner together because they felt as if they had better communication with the Latino Community. Lydia partnered with the Police Department and the Sheriff's Department to get a clearer understanding about their role in the immigration process. At the dinner, they were able to ask the community what they were worried about, what information and services they would want to know about. The attendees were very engaging and relayed their concerns. Many said they would like to bring others to the next Community Dinner to encourage less fear in the county.

Lydia believes they are doing great work with their programs and reaching the community. She is thankful to have her team to assist with all things they do. While both she and her team are doing great, they are in need of staff

to help them reach their full potential. She also feels like they would be a great fit for Differential Response. Once there is a call to Child Protective Services, they will determine which pathway they are in. If they are in Pathway 1 or 2, they do not meet the criteria for an investigation which will then be referred to another agency which could potentially be the ARC FRC. They would work with the family by doing Home Visiting to help that child stay safe and help the family not be re-referred to CPS.

ITEM 10 **UPDATE ON RAISE & SHINE**

Townley Saye, Raise & Shine Program Manager, presented an update to the Commission. She has two program assistants, Iliana Mora and Megan Cavalli.

Triple P consists of 5 key principles: Ensuring a safe engaging environment, creating a positive learning environment, using assertive discipline, having realistic expectations and taking care of themselves as a parent. All of these are building blocks for creating Community Resiliency and building better relationships. Within Triple P, they provide direct services, trainings and peer support.

Direct Services

They have the Raise & Shine warm line for both professionals and parents to access which is at 58%. They have flyers in every exam room in Ukiah and Fort Bragg. Individual services is at 11%; meeting with parent one on one and will discuss any concerns the parent may have, usually are done by referral. Megan does the 8-week groups which are at 23%. Iliana will be doing a bilingual group in May. Workshops are at 8%; there are eight different workshops and are usually done around the holiday season. Triple P now has a Facebook page which shows the events they are doing.

Triple P Trainings

They have provided 8 Triple P Trainings this fiscal year. They have primarily been training the HHS staff and the Child Welfare department. They have decided to adopt Triple P as their evidence based parenting education program. They have had ongoing training opportunities with North Coast Opportunities (NCO) with their Head Start, Early Head Start, Home Visitors and classroom aids and meet with them quarterly. They have trained Ukiah Unified School District (UUSD) school liaisons and the school counselors.

Peer Support

With all the Triple P Trainings, peer support has been needed. There is a certain fidelity required of Triple P and they have found that maintaining the high fidelity and the most success and implementation, they need to be doing peer support monthly. The school liaisons have gone to the school and co-facilitated groups so the facilitators that are newly trained feel confident on how to run a group. Townley has been going to each site for Child Welfare and have peer support for a couple of hours where they discuss facilitators resistance, parent resistance, what is going on with their groups, problems that are coming up and where they need support as new facilitators.

Townley provided a flowchart that breaks down what happens when the parent has gone through the process of their child being placed in foster care. She explained how the chart works and clarified that the flowchart she has is for level 5 intervention with Triple P. It is usually a client or parent who has a real need for thought change process to empower the parent.

They are able to give trainings not just in that Triple P modality but in the trainings that support resiliency in communities and educate about the effects and how to mitigate ACEs. One thing they do is they sponsor the National Indian Child Welfare Agency (NICWA) training. They are sending 12 individuals from the county to the conference this year to help merge that differential response that is going to be needed. They are able to host the screening of the Portraits of Caregivers. Staff is also attending an evidence based practice symposium next month in Long Beach. This is all possible through the Federal Title IV-E funds they receive through the county offices which has doubled; a little over \$500,000.

In order for these training to be effecting, continued agency outreach is needed. Raise & Shine serves as the bridge between the trainings offered not only by them, but by other agencies as well. They provide quarterly meetings to multiple agencies throughout the county so she knows the services happening around the county to better refer clients as well as to field what the agency's training needs are finally to keep agencies aware of how to access and refer individuals to their services.

Moving Forward

They are going to continue on doing more trainings in Triple P, Resiliency and ACE's. They are going to offer

more agency outreach, direct services and peer support. For continued success, more staff is needed to support their growth.

Commissioner Tichinin called for a break. 3:29 p.m.

Commissioner Tichinin called the meeting back to order at 3:39 p.m.

MAXIMUM EFFECTIVENESS AND EVALUATION

ITEM 11 **DIRECTOR'S REPORT**

FDDC will not need the \$35,000 grant for peer mentors due to it being determined as duplication in services. She learned that the court will be pulling back admin support for FDDC and that Substance Use Disorder Treatment (SUDT) is looking at how they can fill this gap.

Policy/Shared Programs

Portraits of Professional Caregivers screening in Fort Bragg on March 27, 2017 and in Ukiah on March 28, 2017.

Executive Director Ibarra and Commissioner Tichinin met with Supervisor Hamburg to discuss the status of the local cannabis tax and they learned that no formal requests for the funds have been received. Their intent is to request an allocation on behalf and for the benefit of young children in Mendocino County. The first meeting is being scheduled between F5M, HHSA and RCS.

The Child Death Review Team requested a county wide smoke alarm push.

Community Resiliency Model Steering Committee held its first meeting; JoAnn Rosen, Margo Frank, Gayle Zepeda, Antonio Lopez, Christy Carlton, Menaka Olson and Executive Director Ibarra were in attendance. They are identifying what steps need to be taken to move forward and launch the trainers into the community.

She and Townley Saye attended First 5 Marin's community forum on "Caring for Children in Turbulent Times". They were both interested in what they are doing to address fear and anxiety in children. The session featured Dr. Marisol Munoz-Kiehne who gave inspirational words to encourage the audience and reassure the families they work with and to work harder to build unity in the community.

The ARC FRC Community Dinner was a success with a total of 35 attendees. It was really engaging and many people had several different questions and concerns which Lydia answered and provided information flawlessly.

State Update

Executive Director Ibarra shared that the Blue Ribbon Commission, focused being on early childhood education, held their first hearing on March 6th. The lack of commitment to fund for child care is a huge concern for both Democrat and Republicans. Both groups are pushing forward on it to get it back in the May revision.

Prop 56

There is contention between Assembly & Governor's Office on how to use Prop 56 dollars. The Governor would like to use the funds on existing medical services while others say it is supplanting existing programs.

State Legislative Update

The five bills they are monitoring as they relate closely to the work they are doing are AB 992 which establishes Baby Wellness & Family Support Home Visiting Programs and will require Department of Social Services to fund counties to implement these programs. AB 1164 established the Child Care Bridge Program for Foster Children. It authorizes \$22 million annually to county welfare departments to administer the program and give vouchers to children birth to four years of age who are placed with an approved resource family or have a young parent involved in the child welfare system. SB 192 amends the MHSA so that any large/medium county that has not spent their allocation within three years and any small county that has not spent their allocation with five years, the fund will revert to the State for deposit in the new Mental Health Services Revision Fund. AB 175 requires the Bureau of Marijuana Control and determining whether marijuana packaging and labeling is in compliance; child resistant and not attractive to children. AB 350 provides guidelines on edibles deemed appealing to children.

Policy Update

Early Education May Advocacy Day – Wednesday, May 24 in Sacramento. It is in partnership with the California Association for the Education of Young Children (CAEYC). It is co-Sponsored by First 5 Association of California.

Tuesday, April 18 at 11:00 a.m. – PCCY Presentation to Board of Supervisors (F5M will be presenting on CRM)

Monday, April 24 – Next Commission Meeting in Willits
Wednesday, April 26 – Thursday, April 27– First 5 Association Meeting in Sacramento
Raffle tickets for the Imagination Library are now available.

ITEM 12 **COMMISSIONER REPORTS, ANNOUNCEMENTS & ADDITIONAL MATERIALS**

Commissioner Mann will be retiring; Thursday, March 30 will be his last day.

Commissioner Anderson commented that MCHC Board of Directors recently revised their policy to ensure that their property is considered private property. This will cause law enforcement and ICE not to be allowed on the property unless they have a warrant or a probable cause. It will help the patients feel safe at their appointment

Commissioner Moss Chandler is looking forward to working with the FIRST 5 Mendocino Commission.

Commissioner Tichinin adjourned the meeting at 4:00 p.m.