



RESOLUTION NO. 03-17
December 11, 2017

**A RESOLUTION OF FIRST 5 MENDOCINO
TO RECOGNIZE EACH JANUARY AS POSITIVE PARENTING
AWARENESS MONTH**

WHEREAS, FIRST 5 Mendocino was formed by the voters who enacted the California Children and Families First Act (“Act”) in 1998 to support health, welfare and early education programs for children prenatal to five years of age and their families; and

WHEREAS, research over the past three decades shows children’s brains develop most dramatically during their first five years of life than during any other stage; and

WHEREAS, FIRST 5 Mendocino holds that all Mendocino County children be born healthy, thrive in a nurturing environment, enter school eager to learn, and become capable, contributing members of our community; and

WHEREAS, the research clearly proves that children thrive in a home environment with healthy nurturing parents; and

WHEREAS, many parents and caregivers begin the lifetime job of raising children unprepared, and the social stigma of seeking help prevents many from getting parenting support; and

WHEREAS, over the last ten years, FIRST 5 Mendocino has invested in Triple P, the Positive Parenting Program, an evidence-based program that has been offered in the county in English and Spanish and is delivered to parents via our partnerships with Mendocino County Health and Human Services Agency, the Family Resource Centers, and North Coast Opportunities Early Head Start and Head Start programs and numerous individual facilitators; and

WHEREAS, Triple P parenting strategies such as spending quality time together, giving positive attention, and giving descriptive praise are simple, practical and changing families’ lives for the better; and

WHEREAS, positive parenting strengthens family relationships, increases parents’ confidence and promotes children’s healthy development; and

WHEREAS, positive parenting can prevent or mitigate the effects of Adverse Childhood Experiences (ACES) such as child abuse, neglect or other traumatic events that can create dangerous levels of stress and impair lifelong health and well-being by strengthening the parent-child bond; and

WHEREAS, FIRST 5 Mendocino holds that all Mendocino County parents must have access to high quality evidenced based parenting education and that our county promote and support all parents, particularly parents of young children, to seek out Triple P education.

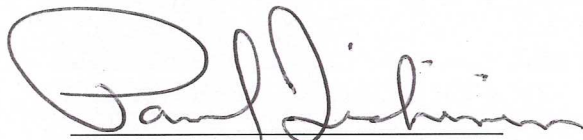
NOW THEREFORE BE IT RESOLVED, that FIRST 5 Mendocino holds that all families throughout the entire year can benefit from Triple P and we recognize each January as Positive Parenting Awareness month in Mendocino County. During each January, there will be focused public education campaigns and activities held in the county to promote Triple P and to normalize positive parenting education.

The foregoing was passed and adopted by the following vote of the FIRST 5 Mendocino Commission on Monday, December 11, 2017 to wit:

AYES: Commissioner(s): Tichinin, Rentería, Flaherty, Anderson, Hamburg, Howe, Applegate, Moss
Chandler

NOES: None

ABSTAINED: None



Paul Tichinin, Chair
FIRST 5 Mendocino Commission