



April 30, 2018

**Commission Meeting Minutes**

MCOE

**Commission Members Present**

Ben Anderson                      Jim Flaherty                      Barbara Howe                      Dan Hamburg  
Lucresha Rentería                      Sandra Applegate                      Paul Tichinin

ITEM 1    WELCOME & INTRODUCTIONS

Commissioner Tichinin called the meeting to order at 1:08 p.m. and welcomed visitors. The Commission and staff made introductions.

ITEM 2    PUBLIC COMMENT ON NON-AGENDIZED

Commissioner Tichinin asked for public comment on non-agendized items and opened the public hearing. Executive Director Ibarra reminded the Commission of the Brown Act & Ethics training and it being opened to the public.

ITEM 3    CONSENT CALENDAR (**ACTION**)

- Meeting Agenda
- Draft Minutes from March 26, 2018 Commission Meeting

Motion to approve the consent calendar

Motion/Rentería, Second/Howe (all ayes, no nays) Motion Passed

ITEM 4    RECOGNITION

Executive Director Ibarra recognized Lydia Lopez for being with FIRST 5 Mendocino for 10 years and thanked her for all her hard work and committed service. Lydia commented she is glad to have been with FSM for as long as she has and continues to learn and grow as the years go by.

**MAXIMUM EFFECTIVENESS**

ITEM 5    DRAFT BUDGET FOR 2018-19 (**ACTION**)

For fiscal year 18-19, the Proposition 10 budget is \$750,000 per year as approved by the Commission. Next year, Prop 10 is projected to be \$622,000.

The largest investment is for the Family Resource Centers (FRCs) which is currently at 28% for \$210,000 that is distributed to eight FRCs and it includes staff time. In terms of changes, literacy is the next largest investment which is budgeted at \$82,000 and they receive grant funding as well. Increased funding is proposed for the Family Resource Center Network. The next investment would be FDDC Recovery Support. The Commission increased their funding the previous fiscal year due to them using all their funds within the first six months.

Currently, the DRAFT budget is balanced Executive Director Ibarra mentioned that there is about \$50,000 that is in fundraising which could be brought down but then it means they would have to bring down the expenses side as well. It would be fundraising for IL and the ARC Family Resource Center. Commissioner Anderson asked how much they have successfully fundraised; they have brought in about \$35,000 on the non-profit side and an additional \$20,000 from the F5M side. The ARC FRC has received just under \$25,000 from private donors and fundraisers.

Executive Director Ibarra wanted to know if the Commission would like anything provided to them regarding the budget for the planning meeting on May 18<sup>th</sup>. Commissioner Flaherty asked about the utilization and budgeting for 2-1-1 Mendocino. Executive Director Ibarra said that it was drastically reduced. She has been in contact with Anne Moglaard, Interim Health & Human Services Agency Director, to inquire about what is going to happen with 2-1-1 since they continue to have problems with the website as well as with the calls. Commissioner Anderson would like to have any areas where predication was off to be highlighted.

Motion to adopt this as a DRAFT Budget for 2018-19

Motion/Anderson, Second/Howe (all ayes, no nays) Motion Passed

#### ITEM 6 BUDGET TRACKER (ACTION)

There are projections to get them through the end of June. They will be \$23,000 under while the previous time the budget tracker was received, they were negative. Their grant revenue did increase while Prop 10 decreased. Miscellaneous revenue will be on target for the year. The total income for this fiscal year will be \$2.1 million. Outside services has gone up but it is related to the Title IV-E contract.

Executive Director Ibarra commented that she is still in communication with the county about the A-87 costs for using them for cutting their checks they request. She was told that F5M is receiving those services at a discounted rate. They believe next year, it may go up to \$29,000. Under meeting expenses, there were a few things that were coded incorrectly and once fixed, they will be able to remove it off that category. Advertising was also higher than normal for the Positive Parenting Awareness Month banner and for updating the billboard they have for Raise & Shine. They will continue to present the budget tracker at the next meetings.

No action was taken

#### ITEM 7 UPDATE POLICY AND ADVOCACY PROTOCOL (ACTION)

The only change to the Policy and Advocacy Protocol is to add a “increase family resilience”. When there are requests to sign on support letters, this protocol allows for the Chair and Executive Director to be able to sign without having to meet with the Commission if it is time sensitive.

Motion to adopt the updated Policy and Advocacy Protocol

Motion/Rentería, Second/Hamburg (all ayes, no nays) Motion Passed

#### ITEM 8 MENDOCINO COUNTY HEALTH & HUMAN SERVICES AGENCY’S CANNABIS EDUCATION AND PREVENTION INITIATIVES (ACTION)

Gloria Nordyke introduced herself to the Commission and presented on Cannabis Safety.

Women who use marijuana during pregnancy, are at a greater risk of low birth weight babies and the growth and development of the baby’s brain can be harmed. The active ingredient

tetrahydrocannabinol (THC) can get to the baby through breastmilk. THC is stored in the fat cells and is slowly released over weeks so pumping and dumping does not work.

Edibles are another concern due to them not being very distinctive; look like normal candy, food, etc. Both Washington and Oregon had an increase of calls to poison control since legalizing marijuana. 73% of children under the age of five who were exposed were between the ages 1-3.

California has laws which require products to not be attractive to children or easily confused with candy/foods that do not contain cannabis. The packages are required to be tamper-evident, child-resistant, resealable and labeled. The dispensaries have bags that lock where the product can be placed in so that children are unable to have access to it.

Mendocino County Public Health education goals are to encourage pregnant women to stop using, educate nursing mothers on health risks, encourage youth to keep their brain safe and delay use, educate teens on the laws and educate parents on the affects and how to talk to their children about substance use.

The strategies they will be using will be to attend educational fairs, trainings, community forums, presentations as well as websites, social media and media outlets.

## ITEM 9 EXECUTIVE DIRECTOR'S REPORT

### ***Increase Family Resilience***

- ❖ Friday, June 15<sup>th</sup> is the Policy Maker Dinner
- ❖ Saturday, June 16 is "Understanding our Trauma through the Science of Resiliency"

### ***Advocacy***

- ❖ On April 26<sup>th</sup>, Moira from First 5 Network's presented to Rural Counties Representatives
- ❖ Northwest Regional Meeting
  - First 5 Network Manager is currently pending
  - Emily Putnam Horsteing, Ph.D is working the Healthy Start Index
  - F5CA is exploring a state-wide Family Resilience Survey, protective factors
- ❖ Tuesday, August 21<sup>th</sup> – Cannabis Public Health Convening in Los Angeles
  - F5 ED's and Public Health/MCAH counterparts
  - Discussion the state of public health response to cannabis legalization, current research on the impacts on maternal & child health and current public awareness campaigns
- ❖ Wednesday, May 2<sup>nd</sup> – First 5 Anniversary & Family Fun Day will be in Sacramento

### ***Maximum Effectiveness***

- ❖ Executive Committee Membership – Paul Tichinin, Lucresha Rentería and Sandra Applegate with one vacancy
- ❖ Staff changes
  - Menaka Olson, Communications Manager, will be leaving FIRST 5 Mendocino
  - Jade Aldrich is the new Coastal Coordinator
  - Differential Response Caseworker is currently vacant

### ***Raise & Shine Nonprofit***

- ❖ The Sandbox

- Ukiah United Methodist Church is in discussions with a realtor for a sale, lease of joint venture for the church property
- Saturday, May 5<sup>th</sup> at 8:45 am – Human Race fundraiser

***Announcements***

- ❖ Tuesday, May 10<sup>th</sup> at 10:00 am – First 5 Association Meeting in Sacramento
- ❖ Tuesday, May 10<sup>th</sup> at 1:00 pm – Executive Committee Meeting
- ❖ Friday, May 18<sup>th</sup> at 9:00 am – Planning Meeting

ITEM 10 COMMISSIONER REPORTS, ANNOUNCEMENTS & ADDITIONAL MATERIALS

There were no announcements to report on.

Commissioner Tichinin adjourned the meeting at 3:40 p.m.

ITEM 11 BROWN ACT & ETHICS TRAINING