



July 23, 2018

Commission Meeting Minutes
Round Valley Family Resource Center

Commission Members Present

Ben Anderson
Dan Hamburg

Jim Flaherty
Paul Tichinin

Barbara Howe

ITEM 1 WELCOME & INTRODUCTIONS

Commissioner Tichinin called the meeting to order at 1:04 p.m. and welcomed visitors. The Commission and staff made introductions.

Executive Director Ibarra introduced Gisela Nieto as the new Differential Response Caseworker at the ARF Family Resource Center. Gisela was born and raised in Ukiah and she has three children. She worked for Head Start for 10 years so she has background work in Home Visiting. Even though she has only been in her position for two weeks, she has enjoyed it so far and is looking forward to working in her new position.

Executive Director Ibarra introduced and thanked Joel Merrifield, Round Valley Family Resource Center Coordinator, and his family for catering the lunch for this meeting. She continued to introduce James Russ, Chairman of the Round Valley Indian Tribes and Executive Director for Round Valley Health Center, to the Commission. James welcomed everyone to the Round Valley Reservation and thanked the Commission for helping establish the RVFRC.

ITEM 2 PUBLIC COMMENT ON NON-AGENDIZED

Commissioner Tichinin asked for public comment on non-agendized items and opened the public hearing.

ITEM 3 CONSENT CALENDAR (ACTION)

- Meeting Agenda
- Draft minutes from May 18, 2018 Planning Meeting
- Resolution authorizing contract agreement between FIRST 5 Mendocino and the California Department of Developmental Services from July 1, 2018 through June 30, 2021 for \$48,543.00.

Commissioner Flaherty commented that he had a few questions about the resolution that he would like to discuss before voting on it.

Motion to approve the consent calendar without the draft minutes and the resolution
Motion/Anderson, Second/Howe (all ayes, no nays) Motion Passed

Commissioner Flaherty mentioned that the fundamental issue was that the contracts speaks of services delivered and families referred to FRC's (plural) and all through the document it refers to FRC (singular) as well as the budget being for one FRC. Executive Director Ibarra clarified that the contract is with FIRST 5 Mendocino (F5M) and the ARC FRC serves as the Early Start FRC. They work with Regional Center, so they will receive families and those families will be referred out for

services. Lydia Lopez, ARC FRC Program Manager, clarified that they do inland, and Safe Passage takes the coastal families. Commissioner Flaherty also asked if this is a contract that he had before; the answer was yes. Executive Director mentioned that it is an ongoing renewal of funds available, but this is the first time they are asking for a board resolution.

Motion to approve the resolution authorizing contract agreement between FIRST 5 Mendocino and the California Department of Developmental Services from July 1, 2018 through June 30, 2021 for \$48,543.00 and the contract

Motion/Howe, Second/Anderson (all ayes, no nays) Motion Passed

ITEM 4 ROUND VALLEY FAMILY RESOURCE CENTER TOUR AND UPDATE

Joel Merrifield has been working with FSM for over 2 years. He has completed Triple P trainings as well as provided services with the programs that FSM offers such as Diaper Depot, parenting classes and more. The RVFRC started at the school campus and within 3 years, they transferred to the new location. He loves to help people, make them feel welcome and happy when they are receiving the help they are needing.

They work close with Mendocino College; they will be having a GED prep class though the college in both English and Spanish for the first time. They host a monthly food drive which they receive a grant for. They do many youth intervention and prevention activities; will be having their annual Rights of Passage Youth camp. While it has a Native American approach, they welcome everyone. The previous week, they had a screening of the film “Silent No More”; had a good number of attendees. They also hosted their first Spring Children’s Health Fair.

They are beginning a curriculum that is 14 weeks long, “*Making Generations by Strengthening Relationships*”; it builds on the importance of healthy parenting. They finished a training in May called “*Addressing Family Violence and Abuse*”, which is also a 14-week course. They offer support with their youth on suicide prevention awareness; they have a four-hour training called “Safe Talk”, which provides information and how to take steps to prevent suicide and make that handoff safely.

Townley Saye, Education and Policy Manager, thanked Joel for his dedication and continuous work.

MAXIMUM EFFECTIVENESS

ITEM 5 FISCAL REPORTS (ACTION)

Jenna Flesch, Business Manager, presented the fiscal reports to the Commission. This is still subject to change as they have about another 4-5 weeks where they can enter accrual batches to the County which will be applied to the 17-18 fiscal year; grants are still being invoiced and received. For the most part, their expenses have been paid so there should not be a significant change. Prop 10 for June is an estimate as the state has not release what the final payment will be. Title IV-E funding has been approved for more that what is on the budget tracker.

The Commission had approved for \$108,000 to be pulled from reserves for this fiscal year; were over budget so they are at \$168,398. First 5 California overestimated by \$63,000 which is why they are \$60,000 over. Commissioner Tichinin commented that they expended about \$136,000 less than they budgeted for. Executive Director Ibarra mentioned that looking at their May fiscal report, they had \$79,000. They were still due Prop 10 allocations for May and June and funds that are due to come in for Title IV-E. they are monitoring it closely since it may be the last fiscal year they will be having \$75,000 in reserves. They have been discussing ways they are able to spend down funding.

Motion to accept the fiscal reports for January, February, March, April and May 2018
Motion/Howe, Second/Hamburg (all ayes, no nays) Motion Passed

ITEM 6 **FAMILY RESOURCE CENTER FUNDING** (ACTION)

The Commission had approved \$144,000 for the FRC's, and the initial recommendation that was put forward was to fund FRC's at \$18,000 but that was going to severely impact the RVFRC and Nuestra Alianza. The Commission directed staff to come up with a formula to be as equitable as possible. On page 6.2, is the initial first round of the formula that the Executive Committee (EC) reviewed. The formula is based off the number of children 0-5 that are served by that FRC and it is weighted at 65% and they also factored in the eligible population of 0-5 within that region for the FRC. This formula is specific to the unrestricted portion of the FRC funding; each FRC receives a flat rate of \$5,000 for referral information services.

The EC's recommending to the Commission is to drop the funding for the ARC FRC down to \$18,000 with a remaining balance of over \$14,000. Bonuses would be provided to Potter Valley FRC, RVFRC and The Arbor if they demonstrate they are serving the target population. If those funds are not used by the end of the fiscal years, those dollars will revert to the ARC FRC. On page 6.3, it has the most updated numbers from the FRC's but is still being updated. They are wanting to make sure their served population are accurate, so they do not underfund a center if the numbers are not being pulled correctly.

Commissioner Flaherty asked if every FRC keeps track of the hours that each client gets served; the answer is yes. Executive Director Ibarra commented that another issue is the zip codes that are being used. Elk is included in Action Network's region, but they do not do any outreach there. They will not turn families away, but they are asking if they are able to get Elk removed from their region. Commissioner Flaherty asked if the Healthy Mendocino date is collected quarterly or annually and commented that it does not seem like it is current and accurate. In terms of the actual amount of time that is spent is a better indicator than the eligible population served. If they use it as a unit of service that reflects time spent that is based on the population not that the population is the driver. They need to get the numbers from everyone else before making the decision. Jenna asked if she should integrate it into the formula; Commissioner Flaherty said until they see the date, they do not know how they will want to include it in the formula. Commissioner Tichinin commented that receiving the date is one thing but viewing it would be better; end up with possibly three different charts with different data.

Jenna asked if they wanted a comparison of equations that have eligible, served and hours on one chart and eligible and served on another. Commissioner Flaherty asked if they will be looking at the hours that people were served for those sessions the FRC offered. Lydia commented that they keep track of number of sessions offered but whether the child arrived late or left early, they do not track that, just how long the session is. Discussion regarding how data is being captured continued.

Commissioner Tichinin asked that Jenna partner with staff and come up with a few different options on how to have the formula created and to provide options based on subjectively the data. Executive Director Ibarra mentioned that Janet from Action Network was hoping the Commission would factor in the hours that the FRCs spend with the parents (0-5). Commissioner Flaherty commented that he would like to hold the discussion until they look at the data. Jenna asked the Commission how they would like for her to weigh the data such as what she needs to emphasize in percentages. Commissioner Tichinin said they should continue to weigh it as they currently have it and the additional data can be add-ons. Commissioner Hamburg asked if they will be looking at the hours

that people were served or by sessions; the answer was sessions.

Commissioner Howe asked the present FRC managers if there was something they would like for the commission to look at for the new formula. Lydia commented that they look at their duplicated numbers as well as the numbers compiled not just what comes out in the FSM group. Joel mentioned he thinks he may have coded some of the data incorrectly which is causing his numbers to be low.

Item 6: Family Resource Center Funding was tabled for the next Commission Meeting.

ITEM 7 EMERGENCY FUNDING REQUEST FROM IMAGINATION STATION (ACTION)

The emergency funding request from Imagination Station was reviewed by the EC. The owner, Saprina Rodriguez, purchased the building next door to Imagination Station to be able to expand and offer infant and toddler care. She came forward with a request of \$20,000 which the EC approved. The balance remaining from last fiscal years was \$3,600 and the \$11,000 from this fiscal year will be used which leaves a balance of \$5,400 to pull from reserves to fulfill the request. The EC discussed this funding request would be in the form of a forgivable loan. The loan will be terminated early if the requirements stated in the contract are not met. Commissioner Flaherty commented that he suggests they update their operational description to include “adverse childhood experiences and community resiliency”.

Motion to approve the Emergency Funding Request from Imagination Station for \$20,000 that was approved by the Executive Committee

Motion/Flaherty, Second/Anderson (all ayes, no nays) Motion Passed

Motion to approve the Executive Committee’s recommendation to fund the request using the Emergency Funding Request balance for FY 2017-18, the full allocation for FY 2018-19 and to pull \$5,400 from the reserves

Motion/Howe, Second/Anderson (all ayes, no nays) Motion Passed

ITEM 8 UPDATE ON TRIPLE P MENDOCINO

Townley Saye, Education and Policy Manager, presented an update on Triple P Mendocino.

Raise & Shine has officially changed their name to Triple P Mendocino due to the nonprofit becoming intertwined with the program name. They are currently in the rebranding process. They now have a clearer mission statement: “Our program is responsible for improving parent outcomes in Mendocino County. We do this by training and collaboration with community partners in as Evidence Based Model known as Triple P”.

During the last year, they have focused on parent education, trauma and resilience education, supportive conferences that provide the latest research outcomes and trends to increase the social capital of their community, parents and partners. Overall, they had 16 trainings where 342 community members and partners were trained.

They organized a total of 12 Triple P Parenting Groups; served 61 parents and 135 children. There was large request for more groups in Spanish. In the following year, the ARC FRC will be doing groups as well.

For number of children served, 42% were in the age 0-5. Triple P International decided to do a new survey called “Parent Adjustment Family Adjustment Survey” which consists of 30 questions that are not specifically to parenting but more of how well this parent is adjusting to the parenting role, what type of support do they have, how do they view their child/parent relationship.

75% of their funding is from Title IV-E, 15% is contracts through the County and 10% is from Prop 10. They have seen an increase in Title IV-E funds. The contract they receive from Health and Human Services Agency (HHSA) was doubled this year and will be able to do 24 groups in the next year. The funding they receive from Prop 10, primarily supports the administration and management of the facilitators.

Future Projects

Substance Abuse and Mental Health Services Association (SAMHSA) – Infant and Early Childhood Mental Health Grant

This is a joint project that was brought to us by Megan Van Sant of HHSA and is the lead on a pilot project known as The Champion Project. This project is designed to have an individual assigned to a low-risk family to help them navigate social processes that often become overwhelming and leave children to fall into gaps. In the attempts to find funding for this project, a Substance Abuse and Mental Health Services Association (SAMHSA) grant came to her attention. Because of the previous recognized work of Triple P and how FIRST 5 Mendocino collaborates with so many agencies who serve 0-5, we seemed to be the best fit to act as a resource hub for mental health referrals from Champion. This project involves tracking the referral to ensure services were delivered, but also aggregating that data to measure how effective the received services were, how many gaps in services exist, and track the outcome of those services on both parent and child. It is an estimated additional \$210,000 annually for FIRST 5 over the next five years, if rewarded.

Building Resilience in the Face of Disaster Grant

This grant came to us by way of The Trauma Resource Institute and is targeted for areas who were severely impacted by the recent fires. There are three components of this grant that will allow CRM trainers to get compensated and supported for the outreach and education they do in schools, for first responders, for partner agencies. These trainings further develop and strengthen our community resilience and positively affect our goal in increasing family resilience. It is an estimated additional \$50,000 for one year, if granted.

Mendocino County Correctional Facility

Having an incarcerated parent is one of the ACEs that can cause toxic stress in a child's life. Children with incarcerated parents are also more likely to become incarcerated themselves. By educating the parents and giving them skills and strategies, then they can help reduce the negative effects of their incarceration on their children. They can work to maintain connection and be a positive influence in their children's lives. Studies show that inmates who have received Triple P while incarcerated are also less hostile and more communicative while serving time. They currently do not have a rollout date. It is an 8-week group, but it can be modified into 4-weeks depending on the timeframe of that parent.

ITEM 9 EXECUTIVE DIRECTOR'S REPORT

Increase Family Resilience

- ❖ Public Relations Team consists of Roseanne Ibarra, Townley Saye and Samantha Bond
- ❖ Feedback on DRAFT Public Relations Plan
 - Our events
 - Outreach at Community Events
 - Engaging Commissioners
 - BOS
 - Radio/Press

Improve Parenting

- ❖ Tuesday, August 7th – BOS Proclamation for World Breastfeeding Month and Breastfeeding Friendly Award
 - Mendocino Coast Clinics, Inc,
 - Care for Her at Mendocino Community Health Clinic

Advocacy

- ❖ Tuesday, August 21st – Cannabis Public Health Convening in Los Angeles
 - **WHO:** F5 Executive Directors & Public Health/MCAH counterparts (Barbara and Roseanne)
 - **WHAT:** To discuss the state of public health response to cannabis legalization, current research on the impacts on maternal & child health, and the current public awareness campaigns

Maximum Effectiveness

- ❖ A-87 Rate
 - Meeting with CEO Carmel Angelo and Auditor Controller Lloyd Weer
- ❖ Supplemental Funds from First 5 California
 - F5CA is seeking a pilot project that can be used statewide
 - IL is already in counties throughout the state
- ❖ Commission Vacancy
 - Rod Grainger, Executive Director at Long Valley Health Center
- ❖ New Hire
 - Gisela Nieto, Differential Response Caseworker
- ❖ Monday – Wednesday, August 27-29, 2017-18 Audit

Raise & Shine Nonprofit

- ❖ The Sandbox
 - Ukiah United Methodist Church is working with Todd Schapmire for a sale, lease or joint venture of the church property (Monday, August 6th, at 10:30 am at UUMC)
 - Postponed – Night at the Gallery possibly August 17th

Announcements

- ❖ Tuesday, August 14th, at 1:00 pm – Executive Committee Meeting
- ❖ Monday, August 27th, at 9:00 am – Commission Meeting in Ukiah
- ❖ Next Commission Meetings:
 - Monday, September 24th
 - Monday, October 22nd
 - Monday, December 17th

ITEM 10 COMMISSIONER REPORTS, ANNOUNCEMENTS & ADDITIONAL MATERIALS

There were no announcements to report on.

Commissioner Tichinin adjourned the meeting at 3:44 p.m.