



August 27, 2018

Commission Meeting Minutes

MCOE

Commission Members Present

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|---------------------|---------------|------------------|
| Ben Anderson | Jim Flaherty | Barbara Howe |
| Tammy Moss Chandler | Paul Tichinin | Sandra Applegate |

ITEM 1 WELCOME & INTRODUCTIONS

Commissioner Tichinin called the meeting to order at 1:08 p.m. and welcomed visitors. The Commission and staff made introductions.

ITEM 2 PUBLIC COMMENT ON NON-AGENDIZED

Commissioner Tichinin asked for public comment on non-agendized items and opened the public hearing.

ITEM 3 CONSENT CALENDAR (ACTION)

- Meeting Agenda
- Draft minutes from May 18, 2018 Planning Meeting
- Draft minutes from July 23, 2018 Commission Meeting

Motion to approve the consent calendar

Motion/Applegate, Second/Flaherty (all ayes, no nays) Motion Passed

INCREASE FAMILY RESILIENCY

ITEM 4 AMERICORPS END OF YEAR REPORT

Executive Director Ibarra introduced Andres Alvarado. He has been an AmeriCorps at the ARC Family Resource Center (ARC FRC) for the past two years and has recently brought onto the FIRST 5 Mendocino (FRC) staff.

During his time as an AmeriCorps, Andres has taken on many different projects for the ARC FRC. He was the lead on "Día del Nino" event which consisted of him planning the event with *Al Punto*, the Spanish-language newspaper. He had previously participated in the event but this was the first time he was able to work behind the scenes and organize it. He also started to assist Lydia Lopez, ARC FRC Program Manager, with Ukiah Vecinos en Accion (UVA) and creating their bylaws, taking the minutes at the meetings, organizing the meetings. He joined the Community Against Human Trafficking Committee and has recently been appointed as Vice Chairperson. Andres has also taken on Differential Response (DR) cases and has had the opportunity to attend a Signs of Safety training that took place in Minnesota. He has enjoyed taking on the cases and feels as if it is something that he would like to further pursue. Being an AmeriCorps member has motivated him

to return to school and focus on getting his BA in community services and eventually receive his master's degree. He thanked Lydia and Stephanie for reaching out to him to become an AmeriCorps and helping realize what he really wanted to do career wise.

MAXIMUM EFFECTIVENESS

ITEM 5 FAMILY RESOURCE CENTER FUNDING (ACTION)

Executive Director Ibarra reflected to the July Commission meeting and the input that was received from the representatives from the FRCs. Based on the input, they have created a document which consists of data for every FRC (eligible population, population served and additional served). Because the FRCs do work that benefit 0-5 outside of their contracts, they wanted to capture that as well and categorized them into the "additional served" category. They added "hours served" and "sessions".

Jenna Flesch, Business Manager, created a spreadsheet with all the data from the FRCs. In the first section, she included the eligible population, total served and sessions. In looking at Action Network FRC (ANFRC) as an example, the eligible population totals to \$519.57, total served of 177 (0-5) totals to \$5,326.74 and had 3050 sessions totaling to \$8,318.08. In the second section, it focuses on eligible population, total served and hours. In the third section, it focuses on total served, hours and sessions. The commission was wanting the additional data to see if it would shift the numbers. In using the formula in the first section, AN's allocation for this year would be \$23,775; using the second formula, it would drop to \$19,803; and using the third formula, it would rise to \$30,108. Unfortunately, all different formulas would put certain FRCs at a lower amount; for example, The Arbor would be losing over \$2,000.

Upon review of this document, if they are wanting to look at the work the FRCs are doing, they would need to focus on the third section. Commissioner Tichinin suggested they could possibly provide a one-time augmentation if they base it off the third formula to help sustain Round Valley FRC (RVFRC). If their objective is to overtime balance out the funding for the level of service and population, then that is a way they could more gradually achieve that. Otherwise, the second formula does seem to have less of a discrepancy between the positive and negative and provides the ARC FRC with more resources which they have had discussions about.

Commissioner Moss Chandler agrees on the second formula being the more logical formula to use. Commissioner Applegate commented she would not like to see RVFRC take a loss. Commissioner Anderson asked if RVFRC have taken any steps in looking for additional funding elsewhere. Executive Director Ibarra commented they have a contract with HHSA for CalFresh, OCAP funding and F5M funding. Commissioner Flaherty did a few calculations on the "total served" and "hours served" and noticed there a big variance for each FRC meaning they are not comparing the same thing even with the augmented numbers. The Commission is wanting to ensure the decision they make is not going to disable an FRC or fund an FRC more than another.

Motion to adopt the second funding formula and to allocate an additional \$5000 to go towards overspending Round Valley Family Resource Center allegations

Motion/Moss Chandler, Second/Flaherty (all ayes, no nays) Motion Passed

Executive Director Ibarra reminded the commission about the special funding request they approved for Imagination Station and her concern for where they will be at with their reserve if they allocate another \$5000 for RVFRC. She suggested to the commission about taking the \$5000 from the ARCFRC and allocate it to RVFRC. While the \$38,000 budget for the ARC FRC be great

for them, they will still be at \$33,000 after the \$5,000 be allocated for RVFRC. With that information provided, Commissioner Moss Chandler amended her first motion.

Motion to approve the second funding formula and the allocation for the ARC Family Resource Center to be reduced from \$38,763.95 to \$34,277.81 and the allocation for Round Valley Family Resource Center to be increased from \$19,529.73 to \$24,015.87

Motion/Moss Chandler, Second/Flaherty (all ayes, no nays) Motion Passed.

ITEM 6 BEGIN LONG TERM PLANNING (ACTION)

Executive Director Ibarra wanted to start the discussion on starting the long-term planning with the Commission to get directive on how they foresee them going forward. They are in the middle of the 3-year strategic plan with their funding declining. This is the last year they will be able to pull from reserves and it is in her mind about what the future holds for F5M.

In their Strategic Plan, they are focusing on increasing resilience, improving parenting and decreasing substance abuse. They are at the beginning of it and is not sure where they will be at 10 years down the road. She is wondering if the Commission believes they will continue with those 3 focus areas or if they feel as if they may shift to different focus areas. They receive Title IV-E funding where they provide education to professionals in the community that are serving foster care children, they are due to get MHSA reversion funding that will enhance their work they are doing with Triple P Mendocino (TPM), they have the DR contract that is funding the ARC FRC but in terms of the core work they are doing, it is being funded through Prop 10 dollars which is declining. The main reason she is bringing the long-term planning to the Commission is to figure out if the commission foresees them continuing to have the 3 focus areas and continuing to do the work as we are now, or if they see any shifts at all and if there is certain information they will be wanting. They also have The Sandbox bringing in funding which she is wondering if they would like to consider that as a potential revenue source for them to either sustain the non-profit or F5M.

Executive Director would like to have Steve Zuieback to facilitate this discussion during one of the future Commission meetings. Commissioner Tichinin would like to move forward with this over time.; find out what others are doing, present it to the commission and look at the next possible steps they can take. This should be a standing agenda item that will be discussed thought out the meetings.

Commissioner Tichinin called for a break at 2:30 p.m.

Commissioner Tichinin called the meeting back to order at 2:38 p.m.

ITEM 8 EXECUTIVE DIRECTOR'S REPORT

North Coast Opportunities 50th Anniversary was on Saturday, August 25th

Increase Family Resilience

- ❖ Coast Trauma Team is planning resilience summit in Fort Bragg (Jade & Townley)
- ❖ Wednesday, August 15th – Grand opening of Mendocino Coast Clinics Wellness Center

Improve Parenting

- ❖ Triple P Mendocino – free trainings
 - Motivational Interviewing 101 by Gayle Zepeda will be offered on September 20th
 - Triple P Level 4 Accreditation for facilitators will be October 16th – 18th

Decrease Substance Abuse

- ❖ Tues., August 21st – CDHP & First 5: Promoting Cannabis Safety in Los Angeles
 - Secondhand smoke from marijuana (UCSF Prof. Matt Springer) – 30 min. exposure impaired Flow Mediated Dilation (FMD)
- ❖ Public Health’s message on cannabis use & breastfeeding
 - It is clearly recommended to not use cannabis when pregnant or breastfeeding even though there is not yet good evidence either way
 - If you are breastfeeding, and plan to use despite this recommendation, don’t stop breastfeeding
 - Consider the following to decrease your baby’s exposure:
 - Limit baby’s contact with smoke
 - If you choose to smoke, do it outside & wear a “smoking jacket” that you can take off when holding baby
 - Don’t leave material where the child(ren) can get into
 - Know what is in the product you consume
 - Use less quantity, less frequency. Don’t use with tobacco or excessive alcohol
 - Have others available to care for your baby if you use (may be less responsible when high)
 - Cannabis Use Disorder is real. If you think you need help, contact medical provider

Advocacy

- ❖ Tuesday, August 14th – First 5 Network Region meeting in Ukiah
 - Regional coordination on resilience/trauma investments
 - Outcome – Draft Regional Resilience/Trauma Policy Statement
- ❖ ***Mendocino Latinx Alliance***
 - ***Mission:*** To create community understanding and unity through shared learning and leadership

Maximum Effectiveness

- ❖ A-87 Rate
 - Meeting with Auditor Controller Lloyd Weer – Wed. Sept 12th at 9:00 am
- ❖ Supplemental Funds from First 5 California
 - Contacted Senator Mike McGuire’s office
- ❖ Commission Vacancy
 - Contacted Rod Grainger, Executive Director at Long Valley Health Center
- ❖ AmeriCorps Recruitment
 - Kim Velazquez – pending
- ❖ Monday – Wednesday, August 27-29, 2017-18 Audit

Raise & Shine Nonprofit

- ❖ The Sandbox
 - Board authorization to engage an employment law attorney
 - Fiscal Coordinator position vacant as of Sept. 7th
 - Night at the Gallery on August 17th

Announcements

- ❖ Tuesday, September 11th at 1:00 pm – Executive Committee Meeting
- ❖ Tuesday, September 18th at 9:00 am – First 5 Association Policy Hackathon

- ❖ Friday, September 21st at 12:00 pm – Mendocino Latinx Alliance’s 1st State of the Latinx Community at Mendocino College
- ❖ Monday, September 24th at 1:00 pm – Commission Meeting

ITEM 9 COMMISSIONER REPORTS, ANNOUNCEMENTS & ADDITIONAL MATERIALS

Commissioner Flaherty passed out articles to staff that consisted of information on the risk of marijuana use during pregnancy. Commissioner Howe is currently attempting to create a policy around the topic, so he felt it right to bring a few items to the commission and staff.

Commissioner Moss Chandler is now back at HHSA. She is excited she will be working with Commissioner Howe on creating the policy for cannabis use during pregnancy.

Commissioner Tichinin is proud to be on the FIRST 5 Mendocino Commission as he loves the work they do.

Commissioner Tichinin adjourned the meeting at 3:26 p.m.