



April 22, 2019

Commission Meeting Minutes
Anderson Valley Health Center

Commissioners Present

Paul Tichinin Ben Anderson Barbara Howe John Haschak
Sandra Applegate Jim Flaherty Lucresha Rentería

Public Present

Marcelle Scramaglia Fabiola Cornejo Michelle Ambrois Donna Pierson Pugh

ITEM 1 WELCOME & INTRODUCTIONS

Commissioner Tichinin called the meeting to order at 1:06 p.m. and welcomed visitors. The Commission and staff made introductions.

ITEM 2 PUBLIC COMMENT ON NON-AGENDIZED

Commissioner Tichinin asked for public comment on non-agendized items and opened the public hearing.

ITEM 3 CONSENT CALENDAR (ACTION)

- Meeting Agenda
- Draft Minutes from March 25, 2019 Commission Meeting

Motion to approve the consent calendar

Motion/Anderson, Second/Haschak (all ayes, no nays) Motion Passed

MAXIMUM EFFECTIVENESS

ITEM 4 OPEN-SPACE FOR 0-5 ISSUES IN ANDERSON VALLEY

Executive Director Ibarra informed the Commission about current issues related to 0-5 in Anderson Valley. There is a need for childcare and there is no family resource center (FRC) in this region of the county.

Peachland State Preschool has a morning program, but the community needs full daycare. Community members reached out to FIRST 5 Mendocino (F5M) for assistance. They previously had an FRC, but it was closed. She asked guest to bring forward any other issues related to children 0-5.

Fabiola Cornejo commented the main requests they receive are to host a Triple P class locally as it is difficult for some clients to attend the classes out of area. Donna Pierson Pugh agreed and mentioned that when they lost the FRC, they lost the opportunity to offer the Triple P classes.

Commissioner Flaherty asked why the FRC was closed; there was a concern about trying to run the FRC with new administration taking over at the school district after Ms. Pugh's retirement.

Fabiola commented that they have discussed partnering with the health center to host the FRC as

they have currently taken over some of the work they did. The building is still on the elementary school site but is being used by the school for an independent study program. Donna commented that the building felt inaccessible due to its location on the campus; buried in the campus versus it being out in the public for the community to easily access and notice it. They have had suggestions of moving the location to be at the high school. The location is their main concern.

Megan Cavalli, Community Education Manager, asked what the next steps would be for her to be able to get Triple P classes hosted locally. Donna suggested on partnering with the adult school as they will be able to provide a space where they can have a room for the parents attending the class and a room for childcare.

Commissioner Tichinin asked if they have enough community members or entities to take the next steps in identifying, planning and proposing what an FRC would look like. Commissioner Rentería suggested they attend an FRC Network meeting and have a discussion with them and possibly getting some assistance/guidance from them. Executive Director Ibarra commented that they will need to consider funding for the FRC and for the child-care center.

The three most pressing issues for 0-5 in Anderson Valley are: Triple P classes, FRC and early preventative dental care. They are reaching the children in school by doing screenings but still does not include the children in the community under the age of 5.

ITEM 5 AMERICORPS MID-YEAR REPORT

Miranda Villalobos, AmeriCorps at ARC Family Resource Center (ARC FRC), chose to become an AmeriCorps member so she could take the first step in her professional development and help her decide on her career.

She started in October 2018 shadowing Maria Avalos at the *Mamá y Yo* playgroups and with the seasonal programs they would host. Gaining the experience and confidence through the playgroups, she then began to assist at The Sandbox Child Care Center. She helped with the transition from lunch time to nap time, which turned out to be more difficult than she imagined. This helped her build confidence in working with children in any situation.

In February, she attended Triple P Level 3 Primary Care and Level 2 Seminars which she believes has been a major help with the work she does at both the ARC FRC and The Sandbox. She also took the leadership role in the program #keepcalm where she did lesson planning and facilitating in collaboration with Boys & Girls Club to bring this program forward. This program had children aged 6-8 and is about teaching anger coping skills and managing overall feelings as well as distinguishing the different types of feelings. Doing this program, it taught her how to recognize the emotions the children would display which then she would teach them about those emotions.

At the beginning of April, she became the lead facilitator for the playgroups and programs. She now feels like she has gained the knowledge, experience and strength to independently plan lessons, facilitate and grow as an individual. She attended the Resilience Con in Nashville, Tennessee with other staff which made her feel motivated to continue her education in children's growth and developmental work.

For the remainder of her contract, her goal is to continue to gain as much experience and knowledge as she can so she can ultimately decide on what exactly she wants to major in. She is excited for what she will come across and for what her future holds for her.

ITEM 6 MID-YEAR EVALUATION REPORT

Jenna Flesch, Business Manager, presented the mid-year evaluation of services provided by FIRST 5 Mendocino and its grantees.

Population Served

They have served a total of 3,680 children and 640 caregivers (parents, guardians, etc.). They had a decline in the Hispanic population and an increase in the Native American population.

Budget Review

The grant revenues are low due to working on grants that have been back invoiced, so they were not captured in this report. The tax revenue is about 10% less than they projected it to be at the beginning of the fiscal year. The miscellaneous revenue is going to be significantly lower as the year goes on. The Sandbox would reimburse FSM for payroll services but due to them now having their own account, they will be processing payroll on their own.

Increase Family Resilience

They have served a total of 207 children and 564 caregivers with majority of it being from the (FRCs). For Mendocino County population, children with two or more ACEs, is at 17.5% while California population is at 16.4%.

With the Title IV-E funding, they have provided 14 trainings with 209 participants. They have distributed 5,304 materials which includes: Kits for New Parents, Imagination Library (IL) brochures, Triple P Training materials, Smoke Alarms and more. 12 agencies around the county have received those materials such as the FRCs, CalWORKs, Adventist Health's Pediatrics department, Mendocino Coast Clinics, Little Lake Health Clinic and Hillside Health Clinic.

Improve Parenting

Mendocino County abuse rates have decreased. Allegations had an 8% decrease from 2014 and substantiations decreased by 26%. The foster care entries were at 31.9% with exits being at 51%.

They have served 58 children (0-5) and 53 caregivers through Triple P classes. Megan Cavalli, Community Education Manager, has noticed that there has been a decrease between the pre and post surveys which is great.

59% of Mendocino County children participated in IL (total of 3,218 children were served). To measure that IL is successful, they looked at the 3rd grade reading levels. Within the three years, the standards that were met/exceeded has increased.

Decrease Substance Abuse

Ford Street Project (FSP) has served 9 caregivers (8 children aged 0-5 and one unborn child were served). Two-thirds of the unsuccessful treatments were due to participants leaving the program early. They have not had the same success rate this year as they have had in the past. 78% of the participants are women, have served two fathers, the average age being 30 and 88% being Ukiah residents.

ITEM 7 CALIFORNIA STRONG START INDEX

Executive Director Ibarra let the commission know that this agenda item is for informational purposes. First 5 Association joined with First 5 Los Angeles and Heising-Simons Foundation to create the index out of the Children's Data Network. It is an additional source of information that is specific to Mendocino County and it is focused on birth record data. Mendocino County is below the state average at 7.7%. The commission would like to know what the 12 assets are and if it is neighborhood based, they would like to look at the zip codes of where they have those assets.

ITEM 8 DRAFT BUDGET FOR 2019-20 (ACTION)

Over the last four years, FSM has been operating at \$750,000 from Prop 10 funding but will be receiving less for the next fiscal year. Executive Director Ibarra spoke with Ford Street about lowering their funding as they were working on becoming MediCal eligible; they will not be eligible until August. With that, they have asked if they would still be able to receive funding for the first six months; will be a total of \$27,000. It has been recommended to move the ARC FRC staff to the FSM office but keep one office and keep renting out the conference room for the playgroups.

As of the previous fiscal year, they have receiving Prop 56 funding (\$52,000). For the new fiscal year, they have budgeted for a lower amount (\$40,000) due to receiving a lower amount than expected the previous year.

Budget Comparison

	FY 2018-19	↑/↓	FY 2019-20
Grant Revenue	\$1,070,828	↑	\$1,125,782 (increase attributed to MHA contract of \$60K)
Prop 10	\$750,000	↓	\$621,815 (estimated to spent down reserves by 2019-20)
Misc. Revenue	\$401,197	↓	\$82,574 (removal of The Sandbox wages at \$359,808)
Wages	\$790,723	↓	\$613,968 (COLA increase approved by Commission June 2016)
Acct/Legal/Audit Services	\$45,010	↑	\$49,100 (including 30K for A-87, decrease in May 2021)
Rent – Office/Storage	\$54,180	↓	\$36,180 (moving ARC FRC staff to FSM office)
Facilities Expense - Janitorial	\$1,500	↑	\$2,000 (MAYACAMA increased cost)
Office Supplies & Expenses	\$17,710	↑	\$23, 488 (funds from Title IV-E were placed there)
Outside Services	\$436,420	↓	\$318,590 (reallocated to outreach/training for non-staff and to education/training for staff & commission)

Commissioner Tichinin commented that he would like to continue to attempt to work with the County regarding the A-87 cost in possibly getting it lowered. He would like the commission to move forward with the Executive Committee to meet with Carmel Angelo and then present it to the Board of Supervisors (BOS). Commissioner Flaherty believes the entire commission should attend the BOS meeting when/if it gets to that point.

Motion to have the Executive Committee meet with Carmel Angelo to explore alternative options for the A-87 cost

Motion/Anderson, Second/Haschak (all ayes, no nays) Motion Passed

Executive Director Ibarra would like to know if the commission wants to allocate more funds the Special Funding Request; currently at \$12,000. Commissioner Rentería asked if an FRC for Anderson Valley has been budgeted. Commissioner Tichinin responded that Anderson Valley should send a proposal for an FRC for fiscal year 20-21; Triple P will be a service that is able to be provided without having to have an FRC. The small county augmentation they will be receiving from First 5 California is for the current fiscal year, but they will be pursuing it for the next fiscal year as well.

Motion to adopt the 19-20 budget as a first draft with the changes discussed

Motion/Flaherty, Second/Applegate (all ayes, no nays) Motion Passed

ITEM 9 EXECUTIVE DIRECTOR’S REPORT

Increase Family Resilience

- ❖ Resilience Con – Sunday, April 14th – Tuesday, April 16th
 - Hosted by Life Paths Research Center in Nashville

- Resilience and social ecology
- Strength & resilience among people/communities of color, gender identities and individuals with disabilities
- Cross-cultural & international research on strengths and resilience
- Exploring well-being, health, post-traumatic growth and other resilient outcomes
- ❖ Sponsor for Coast Childhood Trauma Action Team events at Fort Bragg Town Hall
 - Friday, April 26th from 6:00 p.m. to 8:00 p.m. – FREE Film Screening of *Resilience: The Biology of Stress & The Science of Hope*
 - Saturday, April 27th from 9:00 a.m. to 4:30 p.m. – Mendocino Coast Community Resilience Leadership Summit featuring Elaine Miller-Karas

Improve Parenting

- ❖ ARC Family Resource Center Partnership with Al Punto
 - Sunday, April 28th from 2:00 p.m. to 6:00 p.m. – *Día del Niño* celebration at Grace Hudson Elementary School

Advocacy

- ❖ Child Abuse Prevention Month, proclamation from Mendocino County BOS on April 9, 2019
- ❖ Monday-Friday, April 8th-12th – National Association for the Education of the Young Children’s (NAEYC) Week of the Young Child
- ❖ Tuesday, April 30th – FIRST 5 Network’s Advocacy Day & *El Día de los Niños/El Día de los Libros* in Sacramento

Maximum Effectiveness

- ❖ Staff Promotions
 - Maria Avalos – NEW Community Education Program Assistant
 - Samantha Bond – NEW Public Relations Manager
- ❖ Authentic Collaboration – TRAUMA/RESLIENCE
 - Healthy Mendocino Steering Committee
 - Childhood Trauma Action Team (CTAT)
 - Asset Mapping
 - Alignment
 - Create a county-wide plan for increasing resilience & decreasing child maltreatment
 - Coast Childhood Trauma Team
 - Advocates Supporting Coast Kids (AScK)
- ❖ Consider Child Champion Award Nominations for 2nd Annual State of the Child on Friday, November 15, 2019 from 11:30 a.m. to 1:30 p.m. – **SAVE THE DATE**
 - Staff recommendation:
 - Dr. Marvin Trotter
 - Pat Thygesen
- ❖ Long-term vision discussion to be continued
- ❖ Spin-off Proposals
 - ARC Family Resource Center
 - The Sandbox Childcare Center

Raise & Shine Nonprofit

- ❖ The Sandbox
 - 33 children enrolled – 8 toddlers, 13 in Preschool 1 (1 shared slot) and 12 in Preschool 2

- 5 foster care children
- 2 with individual Family Service Plans (speech & language)
- 2 with individualized Program Plans (developmental disabilities)
- 2 receiving behavioral services
- 2 working with parents to get services
- Waitlist of 40+; 3 children pending enrollment

Announcements

- ❖ Thursday, April 25th at 5:45 p.m. – First 5 California Commission Meeting
- ❖ Friday, April 26th at 10:00 a.m. – First 5 Association Network Meeting in Sacramento
- ❖ Monday, May 6th at 4:00 p.m. – Executive Committee
- ❖ Friday, May 17th at 9:00 a.m. – Planning Meeting in Ukiah

ITEM 10 COMMISSIONER REPORTS, ANNOUNCEMENTS, QUORUM CHECK & ADDITIONAL MATERIALS

Commissioner Applegate took care of her grandchildren for two weeks which she enjoyed.

Commissioner Rentería commented that their hospital had sent out an RFP to five organizations in efforts to get a proposal response from any of the entities that would be interested in purchasing or leasing the hospital. They have also been sending patients for delivery into Ukiah due to one of the OR's being closed for upgrades and the other room getting contaminated because of the construction happening. They are currently trying to get the whole situation resolved so they no longer have to refer patients out.

Commissioner Howe commented that the WIC program has started doing postpartum screenings. Healthy Families Home Visiting Program is moving along; has 32 cases open.

Commissioner Flaherty commented that Consolidated Tribal Health Inc., had their 2nd Annual Cancer Awareness Day event.

Commissioner Anderson mentioned that May is Mental Health Awareness Month and they are working on implementing an ACEs screening with their pediatric patients first.

Commissioner Haschak commented he is learning a lot and he enjoys being here.

Commissioner Tichinin recently went on a vacation with his family and was able to spend six days with his grandson.

Quorum check for next meeting

Yes: Commissioner(s) Flaherty, Rentería, Applegate, Tichinin and Haschak

No: Commissioner(s) Anderson

Tentative: Commissioner(s) Moss Chandler

Commissioner Tichinin adjourned the meeting at 3:11 p.m.